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## GIRLS IN PROGRESS

AS THE WORLD CELEBRATES INTERNATIONAL WOMEN'S DAY, CANADIAN GIRLS REFLECT ON THEIR WISH LIST FOR EQUALITY AND WHY THE DAY STILL MATTERS

PAGE 18



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# Martin amped up to entertain her 'true fans'

## ECMAs 2013.

N.S. singer-songwriter  
up for two awards



HALEY  
RYAN

haley.ryan@metronews.ca

Christina Martin is no stranger to East Coast Music Week, but she says she still gets nervous playing for a hometown crowd.

Martin, alongside local favourites like Rose Cousins, Jenn Grant, David Myles and Rich Aucoin, will be performing for hundreds of fans and delegates throughout this week's festival in Halifax.

"Whenever we're playing for people we don't know ... it's just more relaxing for me because I don't get nervous.

There's less expectation," Martin said.

"But then it's exciting to play for people that are your true fans because they want to hear the songs again, they want to sing along."

Martin, who is nominated for pop recording of the year for *Sleeping With a Stranger* and songwriter of the year for her track *Marina*, went to Saint Mary's University and started her career here in 2008.

She already has an ECMA from 2009, and though Martin said the hectic pace of the festival can be overwhelming, rewarding moments happen when you least expect them.

"The shows where it just so happens you end up feeling really comfortable and you can tell everybody's had a good time and it sounded good," said Martin, who lives near Pug-

wash and has a recording studio in her home.

"You're having this communication with the audience ... just you and them, whether it's a laughing moment or a sad moment."

Looking back at the last 25 years of music, Martin said she's glad to be in the business now.

"It would have been a lot more difficult for me to sort of break in and sustain,

but you can do that now with the way things are with the Internet," Martin said.

"It's easier to get your music out there on your own."

MORE COVERAGE, PAGE 8



Nova Scotia recording artist Christina Martin poses for a photo at FRED in Halifax on Wednesday. She is nominated for pop recording of the year and songwriter of the year at this weekend's ECMAs in Halifax.

JEFF HARPER/METRO

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# Laffin pleads guilty to killing Nadine Taylor

**Second-degree murder.** 'It's a heartbreaking day,' says sex-worker advocate



**HALEY RYAN**  
haley.ryan@metronews.ca

A Dartmouth man has pleaded guilty to the second-degree murder of Nadine Taylor, three years after her death.

Steven Elliott Laffin, 38, entered the plea in Nova Scotia Supreme Court on Thursday afternoon. Second-degree murder carries an automatic life sentence. A hearing will be held on April 25 to determine Laffin's parole eligibility.

"For the rest of his life, he'll be under some sort of supervision," Crown attorney Rick Woodburn said outside the court. He said the Crown and defence are jointly recommending 13 years before Laffin is eligible for parole.



**Nadine Taylor** CONTRIBUTED

"The facts of the assault behaviour ... plus his other anti-social behaviours while he's been in prison and before that all come into consideration," Woodburn said.

Taylor, a local sex-trade worker, disappeared in July 2010. Laffin was charged with her murder that October, but the body was never recovered.

Last week, Laffin led police to Taylor's body in East Chezzetcook.

"Certainly it's mitigating when any defendant assists the police in such a serious crime as this," said Crown attorney Susan MacKay, who is also working on the case.

## Reaction

**"I think he's a very dangerous man."**

Crown attorney Susan MacKay of confessed murderer Steven Laffin

Rene Ross, executive director of Stepping Stone, a local organization that provides services for sex workers, said Taylor was a "beautiful force of energy."

"It's a heartbreaking day," Ross said outside court. "Whenever I think of Nadine, it's hard not to smile because she was such a bright, special person."

Laffin also faces charges of unlawful confinement, kidnapping, aggravated assault and uttering threats against a woman in August 2010.

In that incident, a woman was bound in the trunk of Laffin's car but managed to jump out as the vehicle was moving 70 kilometres an hour.

"It was extremely fortunate she got away," Woodburn said. "The other charges weigh heavily on his parole eligibility."



**Steven Laffin arrives at provincial court in Halifax in January 2012. Last week, he led police to Nadine Taylor's body in East Chezzetcook.**  
ANDREW VAUGHAN/THE CANADIAN PRESS



**Nadine can finally have a burial, her father, Cecil Taylor, said on Thursday.**  
JEFF HARPER/METRO

## 'Good to get that over with': Victim's dad

Steven Laffin's guilty plea and life sentence provides "some" closure, Nadine Taylor's father told reporters outside Nova Scotia Supreme Court in Halifax.

"It was good to get that over with as well as it could have been," Cecil Taylor said. "The point is now there's time he's got to serve."

Nadine Taylor disappeared in July 2010, but her body wasn't recovered until a week ago when Laffin led police to the remains.

"Nadine should be laid to rest," her father said.

"It'll never go away, but it's good to know that now she can have a burial anyway, not just be thrown on the ground like

dirt," he said.

Rene Ross, executive director of Stepping Stone, said it's a "harsh reality" that sex workers are vulnerable to violence because of the stigma they face, and predators who think they'll "get away with it."

"Sex workers are people... But many in society still view them as disposable punching

bags," Ross said.

He said the guilty plea is significant because there have been 19 sex workers in Halifax who have gone missing or been murdered since 1985.

Laffin was also charged with assaulting another sex worker before Taylor, but those charges were withdrawn.

HALEY RYAN/METRO

1 NEWS

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# Feds, Irving sign second of three contracts for Arctic patrol ships

## Moving along.

\$288-million contract expected to create 200 jobs in Halifax between now and 2015



**RUTH DAVENPORT**  
ruth.davenport@metronews.ca

Irving Shipbuilding has taken another step forward on the long road to starting construction on new ships required by a lucrative federal-government contract — though it's not clear how many ships they'll actually build.

Federal cabinet ministers were in Halifax Thursday to sign the design contract for the new Arctic Offshore Patrol Ships (AOPS) required under the lucrative National Shipbuilding Procurement Strategy.

"Today's definition contract ... will take the design of the ships and determine exactly what is needed to build them," said Minister of Public Works Rona Ambrose.

The design contract is worth a total estimated \$288 million and is expected to create 200 jobs — 90 professional positions and about 110 trades

## The next phase

# 30

The definition phase of the contract is scheduled to take 30 months, and construction on the new ships is expected to begin in 2015.

positions.

Ottawa initially called for eight AOPS under the contract, but Ambrose wouldn't say whether that's still the target.

Defence Minister Peter MacKay said the goal was to build "as many ships as possible" for the money.

"This is a new capability so if we only had one more ship, that would be one more than we have right now when it comes to our ability to provide this type of offshore capability and Arctic coverage," he said.

Although design work on the patrol vessels will be carried out in Denmark, Irving Shipbuilding vice-chair Ross Langley said most of the contract's economic impact will be in Canada.

"Canadian jobs dedicated to the design and engineering contract ... exceed offshore work by a margin of four to one," said Langley. "We and our



Ross Lang, left, vice-chairman of Irving Shipbuilding, takes Minister of Public Works Rona Ambrose and Defence Minister Peter MacKay on a tour of the Halifax Shipyard on Thursday. JEFF HARPER/METRO

subcontractors will be looking for qualified Canadian suppliers of goods and services.... Every dollar we spend outside of Canada will be offset dollar for dollar with equal value inside Canada."

## Quoted

"These ships allow the navy to operate effectively in all three Canadian oceans, including the Arctic during the busy shipping season as well as our east and west coasts." Defence Minister Peter MacKay

## Nova Scotia's finance minister to present spring budget on April 4



**Maureen MacDonald** JEFF HARPER/METRO

Finance Minister Maureen MacDonald says she will deliver a budget next month that marks the culmination of her government's efforts to repair the province's fiscal woes.

The government has set April 4 as budget day.

The government had hinted in recent weeks that balancing the books for 2013-14 would be a challenge.

But Premier Darrell Dexter said Wednesday that the budget will be balanced because of belt-tightening by government departments.

The NDP government campaigned on a promise during the 2009 election to balance the budget annually after their first year in power.

While the government managed to balance the books in the 2010-11 fiscal year, it has failed to do so since.

In a statement, MacDonald says the spring budget will mark a milestone for the province.

It will be the first budget for MacDonald as finance minister and possibly the last before a provincial election is called. **THE CANADIAN PRESS**

## Snap election?

- Premier Darrell Dexter has dismissed speculation that a snap election will be called shortly after the budget is presented.

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## RIP. Sunday Herald set to fold, Saturday paper to be beefed up

The only Sunday newspaper in Nova Scotia will soon be no more.

The Chronicle-Herald is eliminating the Sunday Herald and moving to increase the size of its Saturday edition.

The president of the union representing Herald staff said associate publisher Ian Thompson delivered the news to employees on Wednesday.

"Nobody wants to see anything like that go, but I'm hopeful that this new edition (of) the Saturday paper will be something that will satisfy everybody, that they'll have something they can sink their teeth into," said Ingrid Bulmer.

Bulmer said she's been told no layoffs are expected and resources attached to the Sunday edition will be redistributed throughout the organization.

A manager at the paper wouldn't confirm the end of the Sunday Herald in April, but said "exciting" changes will be revealed in the next few weeks.



The Sunday Herald  
JEFF HARPER/METRO

"We're in the planning stages and it's going to possibly impact our multi-channel platform — so from our print to our online channels — and we're excited to share the news," said Jennifer Punch, senior manager of marketing and consumer sales.

The Herald, Canada's oldest newspaper, has published a Sunday edition since 1998.

RUTH DAVENPORT/METRO

## Charges. Alcohol a factor in Fairview stabbing: Cops

A 27-year-old man is facing charges following a stabbing in Fairview early Thursday morning.

Police were called to a home in the 100 block of Frederick Avenue. When officers arrived, they found a 52-year-old man suffering from multiple stab wounds.

He was taken to hospital with non-life-threatening injuries and has since been released.

Police don't believe the incident is random and say the two

### In custody

- Police say the 27-year-old will appear in court Friday charged with attempted murder, aggravated assault and possession of a weapon dangerous to the public peace.

men are known to each other. They also say alcohol is believed to have played a factor. **METRO**

### Boost from last year

## N.S. sees jump in tourism numbers

More people visited Nova Scotia in 2012 than in 2011.

The province released its tourism figures for last year on Thursday and it shows a two-per cent increase in overall visitors, with the new total coming in at 1.993 million people.

Almost nine of 10 visitors were from other parts of Canada, with eight per cent coming from the United States and three per cent from overseas.

**METRO**

### Shubenacadie

## Band withdraws from Mi'kmaq Rights Initiative

The Shubenacadie Band is withdrawing from the Mi'kmaq Rights Initiative and the Made-In-Nova Scotia Process.

Chief and council passed a band resolution to leave the organization during a meeting at Indian Brook First Nation. The Shubenacadie Band is the second largest Mi'kmaq band in Nova Scotia with more than 2,500 registered band members. **TRURO DAILY NEWS**



Minister of Education Ramona Jennex speaks with two students at Caledonia Junior High School on Thursday in Dartmouth. **MARIKA MCKENZIE/METRO**

# After-school grant program renewed

**Beneficial.** Nova Scotia schools do a lot for students, community, says Education Minister Ramona Jennex

The province's minister of education announced inside a Dartmouth junior high school classroom on Thursday that funding for its Community Use of School Grant program will continue for another year.

The year-old program, part of the Kids Learning First Plan, is encouraging schools to leave their

doors open after-hours for planned activities engaging students and community members.

Education Minister Ramona Jennex told the students inside a classroom at Caledonia Junior High School that \$660,000 will be made available to schools and communities so they will remain open even after the end-of-day bell rings.

"Children need to have the ability to have activities to do, to keep their bodies healthy and to connect well with the community," she said.

Caledonia Junior High School used last year's funding to start a program called 30/30, where students strug-

gling in school get 30 minutes of academic help and 30 minutes of recreation after school each Friday.

Andrew MacDougall, a teacher at the school, created the program and introduced some of his students on Thursday while they presented the education minister with a glittery "Thank-you" banner.

"I had a dedication to make that change but there wasn't a whole lot that I could do based on providing that time," he said. "When that grant came it gave us nothing but opportunity."

Recreation costs — like taking the group to a Halifax Mooseheads game — and even electricity costs

### Money distribution

- Last year \$660,000 was distributed among 100 Nova Scotia schools, with each being given \$5,000.
- The \$160,000 left over was made available for community groups to offset registration and rental fees for after-school activities.

for keeping Caledonia Junior High open after-hours have been covered by the funding.

**MARIKA MCKENZIE/FOR METRO**

## HRM residents favour municipality split: Poll

The latest survey from a local polling company suggests HRM residents want the municipality split into an urban and rural component.

The Corporate Research Associates survey shows half of all survey respondents support dividing HRM into the City of Halifax and

County of Halifax. Just over one-third of respondents oppose the idea, and 15 per cent are unsure.

Respondents who live in the former City of Halifax and Bedford/Sackville are among those more likely to favour the split.

Residents of Dartmouth are divided.

A release from CRA states that survey respondents have supported the idea of a division consistently for the last eight years.

The poll surveyed 400 residents of HRM between Feb. 5 and 21. Results are considered accurate to within 4.9 percentage points, 95 out of 100 times. **METRO**

### In numbers

# 61%

The level of support for splitting HRM, as suggested by the CRA survey, is 61 per cent.



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Halifax's David Myles performs at an East Coast Music Awards showcase at the Delta Halifax on Thursday. There are variety of performances all weekend ending with the gala awards show on Sunday. JEFF HARPER/METRO

# ECMA nominees ready for star turn

## Annual East Coast Music Awards.

Musicians set to step into spotlight for gala show this Sunday night

Mo Kenney was home asleep early one morning when the phone started ringing and texts began streaming in from her mother, wondering if the young Halifax singer had received word of a possible nomination for a regional music award.

Kenney, who had been easing back into a slower routine after months on the road promoting her debut album, hadn't heard anything until her mom rang back a little later on that January day.

"She called me and told me I got nominated for a category,

### Quote

"It's a high concentration of influential people in the music industry all in one place, so ... it's these kind of industry events that really helped me to make big leaps."

Ben Caplan, a nominee in the Rising Star Recording of the Year category

so I was really, really excited too," she said, with a big grin, of her nomination for an East Coast Music Award in the rising-star category.

"I remember when I was a kid, hearing about the ECMAs and wondering if I'd ever get the chance to be nominated. It's really cool, and my family is really proud of me."

The 22-year-old folk singer will find out if that adolescent dream will come true Sunday when the East Coast Music Association holds its 25th awards

ceremony in Halifax — the same seaside city where the group began in a dingy, basement bar.

Joel Plaskett, who has received multiple awards and is nominated in two categories this year, remembers his first band in Halifax and being on the outside of the ECMA music establishment.

Plaskett said he didn't pay much attention to the awards at the time, believing they were more focused on traditional Celtic groups than on the likes

of his rock leanings.

But as Plaskett started getting more attention, first in Thrush Hermit and then with the Emergency, he recognized that the ECMAs could help with the business side of the industry.

Kenney and Ben Caplan, another nominee in the Rising Star Recording of the Year category, hope the exposure will have the same effect on their careers.

Caplan, whose album In the Time of the Great Remembering is also up for Folk Recording of the Year, said the forum is critical to developing artists like himself who hope to make connections with promoters and agents.

"It's spectacularly important," the 26-year-old singer and guitarist said at a downtown studio.

THE CANADIAN PRESS

## ECBC CEO 'puzzled' by marina scrutiny

The CEO of Enterprise Cape Breton Corp. says he's puzzled by the scrutiny that has been paid to the federal Crown corporation's funding of the Ben Eoin Marina.

John Lynn agreed to an interview with the Cape Breton Post on Thursday, shortly after returning from a medical leave, seven weeks to the day after

undergoing hip surgery.

The corporation's decision to grant \$4 million to the \$4.8-million project has been the subject of a good deal of comment by readers of The Post. ECBC took ownership of the project in order to protect its investment in it in the long term. It is leasing the site to the project proponent under a 50-

year lease. Lynn said he believes any community in Nova Scotia would want to have such an investment made in it.

"This project is a project that Cape Breton needs. It's going to provide a competitive advantage in the recreational and tourism sector. It's a great project," he said.

Lynn, who owns a boat and

owns a property relatively nearby in Big Pond, applied for and received a berth at the marina and said it remains to be seen how much he will use it.

Lynn denied having any personal interest in the marina project going forward. "I deny that allegation categorically; it's inappropriate and it's incorrect," he said. CAPE BRETON POST



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## Dementia. Pierre Trudeau chose death from cancer over losing his mind: Book

Pierre Trudeau's guiding motto in politics was "reason over passion." In the end, it seems, he chose reason over life.

A newly released e-book from the Ottawa bureau chief for the Huffington Post reveals Trudeau refused treatment for advanced prostate cancer rather than lose his famously sharp mind to dementia.

Justin Trudeau himself does not dispute the account by Althia Raj in *Contender: The Justin Trudeau Story*, which suggests his father made the decision about six months prior



Pierre Trudeau THE CANADIAN PRESS

to his death in September 2000.

"It was fairly clear that he was very much at peace with the end of his life approaching," he said. THE CANADIAN PRESS

### Journalist killed

## Supreme Court weighs suing Iran

The Supreme Court of Canada will decide whether the son of the murdered Canadian photojournalist Zahra Kazemi can sue the Iranian government.

The high court has

agreed to hear an appeal from Kazemi's son Stephan Hashemi, who argues he has the right to sue the Iranian government for allegedly killing his mother and failing to return her body.

In 2003, Kazemi was taking pictures of protesters in Tehran. Kazemi was detained, tortured and raped in prison. THE CANADIAN PRESS

## Terrorism. Senior al-Qaida leader to see federal court, not Guantanamo Bay cell

A senior al-Qaida leader and member of Osama bin Laden's inner circle was charged Thursday with conspiring to kill Americans in his role as the terror network's top propagandist, who lauded the attacks of 9-11 and warned of more.

Officials said Sulaiman Abu Ghaith was captured in Jordan over the last week. He will appear Friday a New York federal court, according to a Justice Department statement and indictment.

The case marks a legal victory for the Obama administration, which has long sought to charge senior al-Qaida suspects in U.S. federal courts instead of holding them at the military detention centre at Guantanamo Bay, Cuba. But it immediately sparked an outcry from Republicans in Congress who do not want high-threat terror suspects brought into the United States.

"If this man, the spokesman of 9-11, isn't an enemy combatant, who is?" Sen. Lindsey Graham, a South Carolina Republican, told reporters. Abu Ghaith "should be going to Gitmo. He should be kept there and questioned."

### Words of war

Prosecutors say Sulaiman Abu Ghaith appeared with Osama bin Laden and current leader Ayman al-Zawahri on video.

- **The day after 9-11**, Abu Ghaith called on the "nation of Islam" to battle against Jews, Christians and Americans, adding a "great army is gathering," according to prosecutors.
- **Shortly afterward**, he warned that "the storms shall not stop" and advised Muslims, children and al-Qaida allies to stay out of planes and high-rise buildings.

Republicans have fought the White House to keep Guantanamo open. Several Republican lawmakers on Thursday said Abu Ghaith should be sent to Guantanamo, where he could be questioned more thoroughly than his lawyers likely will allow on U.S. soil. THE ASSOCIATED PRESS

# Justice system thoroughly failing aboriginals: Report



Correctional investigator Howard Sapers speaks on the findings of a special report tabled in Parliament. SEAN KILPATRICK/THE CANADIAN PRESS

## Quarter of all prisoners. Transfer provisions for aboriginals rarely used

Aboriginal offenders make up one quarter of Canada's prison population and are being left behind bars far longer than non-aboriginals, says a special report from the country's correctional investigator.

The report by Howard Sapers, tabled Thursday in the House of Commons, chastises the government not only for how it deals with aboriginals behind bars but also for failing to keep them out of jail.

### Accusation

"This is an appalling example of the discrimination against indigenous people in this country."

Josh Paterson, director of the BC Civil Liberties Association

Aboriginal-specific provisions in the justice system are chronically underfunded, says the report. It's a problem that's been ignored and allowed to worsen ever since the Corrections and Conditional Release Act of 1992, said Sapers.

Sections 81 and 84 of the law allow the public safety minister to transfer aboriginal inmates to community facilities and to so-called healing lodges, but that power is not being properly used, the report concludes.

The landmark report found that just four agreements have been reached between the federal government and aboriginal communities to allow for Section 81 transfer of inmates.

Healing lodges receive only a fraction of the funding made available to similar facilities.

Justice Minister Rob Nicholson responded by saying the government has bolstered spending on anti-crime programs, including the Northern Aboriginal Crime Prevention Fund. THE CANADIAN PRESS

## Ten years after SARS — are we more prepared?

An unknown bat virus that found a way into human lungs in 2003 served as a global wake-up call to the threat of new infectious diseases. But a decade after SARS crippled health-care systems in affected cities and knocked billions out of the global economy, is the world better prepared to handle similar threats? Is Canada?

Depending on where you live, the answer is likely yes, many experts say — though some are unimpressed by the degree of progress, and some worry economic constraints may undermine any improvements that have been made.

And while technological advances are making it easier to track diseases like SARS, there's no scientific magic bullet to rapidly blunt the assault of future diseases.

In Ontario, where case tracking and information flow proved to be enormous challenges during the outbreak, a lot of work has been done to ensure the shortcomings identified by the various post-SARS inquiries were addressed, says Dr. Vivek Goel, president and CEO of Public Health Ontario — an agency that owes its existence to SARS.



A nurse wears the clothing worn when dealing with atypical pneumonia. KEVIN PRAYER/THE CANADIAN PRESS FILE

"We don't have to work with sticky notes on a board. We've got information systems. We've got very skilled staff," says Goel. "That kind of capacity ... did not exist in Ontario at the time of SARS."

Dr. Allison McGeer, head of infection control at Toronto's Mount Sinai Hospital, agrees there are signs of real progress. For instance, an international consortium has been set up to help researchers organize clinical trials during outbreaks.

But Amir Attaran, who holds a Canada research chair in law, population health and global development policy at the University of Ottawa, says the federal government has been unwilling to acknowledge that it may have to assume emergency powers in the event of a disease outbreak that crosses provincial boundaries. As a consequence, he says, the systems that would be needed are not being developed.

THE CANADIAN PRESS

### Riverhead, New York

## Jeers, not cheers banned by council

Officials in the New York town of Riverhead have banned booing at town hall meetings.

The town council deleted a measure that would have also banned applause.

There are no penalties for violators.

THE ASSOCIATED PRESS

### Chicago

## Cadavers to be shown online

The Cook County Medical Examiner's Office in Chicago has begun posting photos of unclaimed dead bodies on its website.

The hope is that this will lead to their identification and result in closure for the families.

Medical examiner Steve Cina says that although some of the images may be graphic, with some bodies in a partially decomposed state, he believes it's worthwhile.

Cina said that the program has already led to one family identifying their missing daughter.

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## Babylonian artifact. Cyrus Cylinder debuts in U.S.

A nearly 2,600-year-old clay cylinder described as the world's first human-rights declaration is being shown for the first time in the United States.

The Cyrus Cylinder from ancient Babylon will be displayed beginning Saturday at the Smithsonian's Sackler Gallery. It will be in Washington through April 28, on loan from the British Museum. A yearlong U.S. tour will follow.

The cylinder carries an account, written in cuneiform, of how Persian King Cyrus conquered Babylon in 539 BC and would allow freedom of worship and abolish forced labour. The account also confirms a story from the Bible's Old Testament, describing how Cyrus released people held captive to go back to their homes, including the Jews' return to Jerusalem to build the Temple.

The cylinder was buried



The Cyrus Cylinder on display at the Smithsonian's Freer Sackler Gallery in Washington. THE ASSOCIATED PRESS

under a foundation wall of the city of Babylon. It's long been held as a model of good governance for a vast, multi-cultural society, and it made Cyrus famous from accounts in the Bible and writings by Greek authors. When the cylinder was discovered on a British expedition in modern-day Iraq in 1879, it was considered the first physical evidence of the biblical account. THE ASSOCIATED PRESS

## Not protected. Mexico's top court rules anti-gay terms are hate speech

Mexico's Supreme Court has ruled that two anti-gay words commonly used in Mexico are hate speech and not protected as freedom of expression under the country's constitution, allowing those offended by them to sue for moral damages.

The magistrates voted 3-2 late Wednesday in favour of a journalist from the city of Puebla who in 2010 sued a reporter at a different newspaper who had written a column referring to him as "punal" and others at the plaintiff's newspaper as "maricones." Both words roughly translate into "faggot."

The majority said the terms are offensive and discrimina-

tory.

"Even though they are deeply rooted expressions in Mexican society, the fact is that the practices of the majority of society can't validate the violations of basic right," their opinion said.

The resolution was praised by the Mexican gay and lesbian community and anti-discrimination activists as a step forward in the fight for equality in this conservative country rife with machismo. But others criticized it as ridiculous, saying many other words should have to be added, including some used to offend poor people.

THE ASSOCIATED PRESS

# Buzzworthy: Caffeine gives flowers power over bees

**Bee my pollinator?**  
Study says plants lure honeybees by spiking nectar with memory-boosting ingredient

Talk about a caffeine buzz: A new study says honeybees get a shot of caffeine from certain flowers, and it perks up their memory.

That spurs them to return to the same type of plant, boosting its prospects for pollination and the future of the plant species.

Maybe it shouldn't be a surprise that one of the flowers is the coffee plant. Its nectar offers about as much caffeine concentration as a cup of instant coffee, according to researchers.

But some citrus plants serve caffeine too, albeit in lower concentrations. It's found in the nectar of orange and grapefruit blossoms.

The caffeine helps a bee remember that the flower's scent promises a tasty payoff, the researchers said. So the



A honeybee visits a citrus flower in this undated image. A new study says honeybees get a shot of caffeine from certain flowers that spurs them to return to the same type of plant. GERALDINE WRIGHT/THE ASSOCIATED PRESS

bee will seek out those flowers, transferring their pollen.

How could researchers tell the caffeine boosts a bee's memory? In an experiment that used lab tools instead of flowers, they trained individual bees to expect a sugary drink when they smelled a certain floral scent. Some bees got

nectar-like concentrations of caffeine in their drink; others didn't.

Then after a day or more, they exposed the insects to the same scent and watched to see if they extended their feeding tubes in response, a sign they were ready to sip. After 24 hours, the bees that had got-

ten caffeine were three times as likely to remember as bees that hadn't. After 72 hours, they were twice as likely.

The work, by Geraldine Wright of Newcastle University in England and co-authors, was reported Thursday by the journal Science.

THE ASSOCIATED PRESS

## Flood study on Mars goes underground

The face of Mars is dotted with a maze of channels, pointing to possible ancient megaflood episodes.

Now scientists peering below the surface have uncovered the first evidence of underground channels apparently created by flooding — a finding that's expected to further illuminate the role of water in Mars' history.

Using a ground-piercing

radar sensor aboard the Mars Reconnaissance Orbiter, a team of scientists created 3D maps of an equatorial region known as Elysium Planitia and the channels that run underneath the plains.

Besides the contributions from rovers and landers, "our view of the red planet has largely been restricted to looking at the surface" from orbiting spacecraft, said lead

### Revealed by radar

The 3-D maps were painstakingly pieced together from radar data collected by numerous spacecraft passes.

researcher Gareth Morgan, a planetary scientist at the Smithsonian Institution.

The research, published online Thursday in the journal Science, offers a new perspective below the Martian surface and hints of past flooding at a time when the planet was mostly thought to be cold and desert-like. The channels remained hidden because the once volcanically active region had been filled in by lava flows hundreds of millions of years ago. THE ASSOCIATED PRESS



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2. BEAVER BANK ROAD	WINDGATE DRIVE TO SACKVILLE DR
3. BISSETT ROAD	COLE HARBOUR ROAD TO BISSETT LAKE ROAD
4. COBEQUID ROAD	SACKVILLE DRIVE TO ROCKY LAKE DRIVE
5. COLE HARBOUR ROAD	CALDWELL ROAD TO ROSS ROAD
6. COW BAY ROAD	MAIN ROAD TO CALDWELL ROAD
7. DUKE STREET	ROCKY LAKE DRIVE TO HIGHWAY 102
8. MAIN ROAD	BELMONT AVENUE TO COW BAY ROAD
9. ESTATES ROAD	GLENDALE AVENUE SOUTHERLY TO END OF PAVEMENT
10. FOREST HILLS DRIVE	MAIN STREET TO COLE HARBOUR ROAD
11. GLENDALE AVENUE	COBEQUID ROAD TO HIGHWAY 102
12. HAMMONDS PLAINS ROAD	KEARNEY LAKE ROAD TO HIGHWAY 103
13. LAKE MAJOR ROAD	IN TOTAL
14. LUCASVILLE ROAD	SACKVILLE DRIVE TO HEFLER'S MILL
15. ROCKY LAKE DRIVE	DUKE STREET TO HIGHWAY 2
16. SACKVILLE DRIVE	HIGHWAY 102 TO PATTON ROAD IN UPPER SACKVILLE
17. ST. MARGARET'S BAY ROAD	PROSPECT ROAD TO HIGHWAY 103, EXIT 4 IN TIMBERLEA
18. HIGHWAY 2	ROCKY LAKE DRIVE TO SUNNYLEA ROAD IN WELLINGTON
19. MAIN STREET	RIDGECREST DRIVE TO LITTLE SALMON RIVER BRIDGE
20. HERRING COVE ROAD	OLD HALIFAX CITY BOUNDARY TO HERRING COVE
21. EVERGREEN PLACE	IN TOTAL
22. WINDSOR JUNCTION ROAD	400 METRES NORTH FROM COBEQUID ROAD
23. TIMBERLEA VILLAGE PKWY	ST. MARGARET'S BAY ROAD TO HIGHWAY 103
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# UN peacekeepers abducted by rebels appear in videos

**Golan Heights.** UN troops say they're safe, but incident likely to heighten Israeli jitters about Syrian civil war

Several United Nations peacekeepers who were abducted by Syrian rebels said in videos posted online Thursday that they are safe and being treated well, even as activists reported clashes and shelling in the tense border area with Israel where the Filipino troops were being held.

Opposition fighters detained 21 peacekeepers near the village of Jamlah in the Golan Heights on Wednesday — the first time UN troops have encountered trouble since they began patrolling an Israeli-Syrian armistice line dividing the plateau nearly 40 years ago, said Timor Goksel, a Beirut-based former UN official in the region.



Free Syrian Army fighters stand next to UN Disengagement Observer vehicles near Golan Heights in Daraa, Syria. THE ASSOCIATED PRESS

One of the videos posted online shows three men dressed in camouflage and blue bullet-proof vests emblazoned with the UN and Philippines. "We, the UN personnel here, are safe, and the Free Syrian Army are treating us good," one of them says in English. "We cannot go home because the government of (President Bashar) Assad do not stop the bombing. To our

family, we hope to see you soon and we are OK here."

The second video shows six peacekeepers sitting in a room. An officer, who identifies himself as a captain, says that as their convoy came under shelling on Wednesday, "we stopped and civilian people helped us for our safety and distributed us in different places to keep us safe." THE ASSOCIATED PRESS

## Venezuela

### Chavez's body to be embalmed

Venezuela's acting president says Hugo Chavez's embalmed body will be permanently displayed in a glass casket so that "his people will always have him." Vice-President Nicolas Maduro says the remains will be put on permanent display at the Museum of the Revolution, close to the presidential palace.

THE ASSOCIATED PRESS

## North Korea

### U.S. prepared for nuclear attack

The U.S. is fully capable of defending itself against a North Korean ballistic missile attack, the White House said Thursday, after Pyongyang threatened a pre-emptive nuclear strike on the U.S. The threat came ahead of a vote in the UN Security Council approving its toughest sanctions yet on North Korea in response to an atomic test last month. THE ASSOCIATED PRESS



## Too close to call in Kenya

A supporter of the Coalition for Reforms and Democracy (CORD) listens to the results of Kenya's election on his radio in Nairobi, Kenya, Thursday. Kenya's presidential race tightened as new results pushed the leading candidate below the crucial 50 per cent mark needed to win outright. A final result was expected Friday, but the close race and a troubled vote count are sparking fears of the kind of violence that ripped through the country after its last national election.

SAYYID AZIM/THE ASSOCIATED PRESS

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## Public-sector watchdog

## Border guard mixed with mob

A Canadian border guard had known ties to organized crime, protected his underworld associates and used his own position to evade the law, an investigation by the federal public-sector watchdog has found.

The guard's relationship with organized crime dates back to before he joined the Canada Border Services Agency, an association his supervisors have known about for at least four years, public-sector integrity commissioner Mario Dion reported Thursday.

But it took someone blowing the whistle to Dion's office last year before CBSA launched an internal investigation, which ultimately led to the officer being fired.

The guard had been warned in the past about maintaining his connections to the criminal underworld, but didn't change his behaviour, Dion said in an interview after his report was tabled in the House of Commons. **THE CANADIAN PRESS**

# Polar-bear trade ban voted down

## Endangered status.

Inuit claim the ban would have threatened their way of life

A proposal by the United States to ban cross-border trade in polar bears and their parts was defeated Thursday at an international meeting of conservationists, marking a victory for Canada's indigenous Inuit people over their big neighbour to the south.

Delegates at the triennial meeting of the Convention on International Trade in Endangered Species, or CITES, rejected Washington's proposal to change the status of the polar bear from a species whose trade is merely regulated, not banned.

The proposal fell far short of the two-thirds needed to pass, garnering 38 votes in favour, 42 against and 46 abstentions. A similar proposal was defeated three years ago at the last CITES meeting.

While support for most of the meeting's 70 proposals



A wildlife organization representative stands with a stuffed polar bear before voting on a U.S. proposal to change the status of the polar bear to a species — whose trade is banned — at the Convention on International Trade in Endangered Species in Bangkok on Thursday. SAKCHAI LALIT/THE ASSOCIATED PRESS

covering the trade in other species fell along predictable lines, the U.S. proposal made for some odd bedfellows. Russia endorsed Washington's proposal, which was also supported by a cluster of animal humane societies. Canada was joined in opposition by some of the larger conserva-

tion organizations, including the CITES Secretariat and the Wildlife Trade Monitoring Network, better known as TRAFFIC.

The United States had contended that climate change was dangerously shrinking the bears' habitat, and that pre-emptive measures were

needed to save them.

The Inuit contended that polar-bear populations were not declining, and that Canada was regulating the hunting of the bears in sustainable numbers. The tribal group said their livelihoods would be threatened by a ban.

**THE ASSOCIATED PRESS**

## Bear market

# 28,000

The global population of polar bears is estimated to be 20,000-28,000, with about two-thirds in Canada.

## Northern reaction

## A victory for the Inuit

Inuit hunters are celebrating the defeat of a proposal that would have forbidden the cross-border trade in polar bear parts.

But both Inuit leaders and scientists say the fight isn't over and the issue is likely to resurface.

Bear expert Andrew Derocher says Canada can buy itself time by ensuring its bear management includes the latest environmental information, including assessments of shrinking sea ice.

**THE CANADIAN PRESS**



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We've made enormous strides in creating a Canada that honours, respects and supports women. That said, not all the battles have been won. Equal pay for work of equal value is not a universal truth, women are still not equally represented in business and politics, and UN Women describes violence against women around the globe as a hidden epidemic. Today is International Women's Day, a day to celebrate women's achievements and a day to join millions of people around the world working to make good on a simple promise: a future for women and girls that is safe, healthy and rewarding.

# Go Girls actively nurtures confidence and leadership

**Mentorship.** Big Sisters after-school program teaches girls not to be afraid of who they are

JENNIFER MELO  
For Metro

Something cool happens after school in Toronto and its inner suburbs. Girls join forces to encourage health, self-esteem, confidence and leadership.

Go Girls! Healthy Bodies, Healthy Minds is a group-mentoring program that unites Big Sisters of Toronto and girls, ages 10 to 14. Once a shy newcomer to Go Girls, Grade 7 student Sadhaf, 12, is now a junior mentor in the program and advises Grade 6 girls in sessions. Get ready for some girl talk with Sadhaf and Big Sister mentor Monica Scanlan, 23.

## What's your wish for International Women's Day?

**S:** In every country for a girl to have a chance to do what they want to do. Girls should try out something new, even if it's different. Even if anyone thinks it's weird. They should try and do what they think is best.

**M:** For any girl, all over the



Monica Scanlan, left, and Sadhaf want all women to feel proud on International Women's Day. JENNIFER MELO/FOR METRO

world, to be able to be proud in the person they are and be proud of being a woman. And being able to love themselves ... being able to not criticize themselves for a day and just focusing on the things they have to be proud of.

## How can girls and women support one another?

**M:** Embrace one another's differences. Avoid competition and comparing ourselves to one another. You should be working together as a team

and rooting for one another — taking joy in another woman's success, as opposed to being jealous or bitter about it.

## What's the value of having a female mentor?

### About the program

- **What?** A group-mentoring program that encourages physical activity, healthy eating and self-esteem — 269 girls participated in 2012, with growing demand for 2013.
- **Who?** Girls, ages 10 to 14, and mentors from Big Sisters.
- **When?** After school.

Seven weekly sessions. 1.5 to 2 hours each.

- **Where?** Select schools and community centres in Toronto and inner suburban areas, and across Canada in select cities.
- **Why?** To eliminate barriers to healthy living such as poverty and marginalization.



Sadhaf and Monica strike a tree lotus pose. JENNIFER MELO/FOR METRO

can aspire to be like.

## What makes Go Girls special?

**S:** It teaches girls to always be themselves, to gain confidence and not to be scared of who they are.

## What lessons did you learn from the program?

**S:** I learned how to receive a girl's heart. I learned how to gain their friendship.

**M:** Every girl has something so unique to offer. And they bring something valuable to the group environment and to their friendships.

**TO LEARN MORE ABOUT THE CANADA-WIDE PROGRAM, TO SIGN UP AS A MENTOR OR OFFER SPONSORSHIP, SEARCH GO GIRLS AT BIGBROTHERSBIGSISTERS.CA**

### Essay

## The other F word

DELIA MACPHERSON  
For Metro Canada

### Feminism:

- the advocacy of women's rights on the ground of the equality of the sexes. — Oxford English Dictionary (and Google)

There's a perception among the younger generation that feminism has come and



Many young women (and men) shy from identifying themselves as feminists, even though they stand by feminist values. ISTOCK

gone. Speeches were made, bras were burned and somewhere in the aftermath

equality happened.

My younger brother, a 19-year-old first-year univer-

sity student, is a feminist by every definition of the word. But he would never call himself one.

Like most educated Canadian youth, he not only believes, but knows, that men and women are equal in every right, with the exception of maybe physical strength. But does it matter if he knows he's a feminist?

As my mother says, "You kids take it for granted," referring not only to a lack of understanding but also

the general apathy toward the entire issue of woman's rights and equality.

Part of the nonchalant attitude of youth may be due to the media, where the line between sexist and empowering is not always clear.

Films that depict violence against women are praised. Angelina Jolie's character in Tomb Raider is perceived to be an empowered woman. In reality the plot consists of her working through a tired trunk full

of daddy issues in skimpy clothing. Not to mention she says nothing intelligent in the entire flick.

Depending on your views, Jolie's character could be taken as either empowering or sexist.

Or if you're anything like my brother, it would be neither. The thought would never have occurred to him.

Why worry or think about sexism in a world where women and men are equal?



# Breaking through the 'hidden epidemic' against women

**Violence.** Despite decades of public-awareness campaigns, violence against women is rampant, even in developed countries. In partnership with UN Women, Metro investigates.



ELISABETH  
BRAW

Metro World News in London

On one January day in Guatemala, six women and two girls were murdered.

"I haven't been able to find a reason for the murder," says mother Rosa Franco, whose 15-year-old daughter Maria Isabel was killed. "But such is life as a woman in this country full of corrupt authorities. I suspect several people, including a 45-year-old drug dealer who'd been harassing my daughter since he asked to go out with her but she refused."

Welcome to our 21st century world, where violence against women is still common.

"Violence against women is a hidden epidemic, and hidden is a very important word," notes Ann Veneman, the former Executive Director of UNICEF.

"We all know that women are getting raped as a weapon of war in places like the (Democratic Republic of Congo), but in the developed world the problem is hidden."

## Fact sheet

One-third of women will experience violence at least once in their lives.

- It still happens in developed countries. Forty-six per cent of Swedish women report having been victims of violence.
- Human trafficking. Women and girls make up 80 per cent of victims.

Most violence against women occurs in their homes, committed by their boyfriends or husbands.

"Partner violence often has a psychological component, which makes it harder to measure," notes Markku Heiskanen, an expert in domestic violence at the European Institute for Crime Prevention and Control. "And women want to protect their partners. When they talk about previous partners, they mention violence much more."

Young women, especially, bear the brunt of men's aggression. Nearly half of all sexual assaults worldwide are committed against girls under 16.

"In many cases it's girls from difficult homes who are trapped by men who say they love them but are really (pimps)," says Veneman. "What goes on in these cases is quite extraordinary."

But there's good news. Safe houses for women are being built, even in coun-



While violence against women is still all too common, there are positive signs of change, even in countries where it has long been tolerated. ISTOCK

## It's never OK

**"There is one universal truth, applicable to all countries, cultures and communities: violence against women is never acceptable, never excusable, never tolerable."**

United Nations Secretary-General Ban Ki-moon

tries where violence against women has long been tolerated. Victims are being trained in occupations so they can earn their own money. In

India, the Delhi gang rape of a young woman led to unprecedented protests. And in China, the death sentence of Li Yan, a woman convicted of

killing her husband after being abused by him for years, caused a rare public outcry.

On Valentine's Day this year, the global organization V-Day arranged One Billion Rising, a record-breaking event for protesting violence against women. And this month global leaders convene at the UN headquarters in New York to address a problem that is still all too common.

## Analysis

### Too close to home

MAGGIE  
SAMWAYS

Global Editor in Chief  
Metro World News

This is serious: Rihanna is back with Chris.

Three years after he bit, clawed and punched her from across a Lamborghini console, it seems pop superstars Rihanna and Chris Brown have reconciled.

India is in the spotlight. The trial of five men charged with the crushingly brutal gang rape and murder of a young Indian medical student has been fast-tracked in Delhi, while three sisters — aged five, nine and 11 — who went missing from their village on Valentine's Day were found raped, murdered and dumped into a well.

"Blade Runner" Oscar Pistorius stands accused of murdering his girlfriend, amid swirling accusations of paranoia and an obsession with firearms.

Violence against women is in the headlines, but it's also in millions of bedrooms, workplaces and relationships — behind closed doors, silent mouths and averted eyes.

In recognition of Women's Day, Metro, together with the United Nations, will celebrate womanhood with the aim to raise awareness of violence against women across the globe, and it's our hope that in Women's Days to come, we can celebrate the eradication of violence, full stop. No mother, sister or daughter — no woman — ever earned it, deserved it or "asked for it."

Raise your voice with ours.



## Why feminism ain't dead

"We've been so quick to proclaim that 'feminism is dead' while countless women continue to fight against barriers," says Karen Cho, director of Status Quo? The Unfinished Business of Feminism in Canada. Watch the full film this weekend only at metronews.ca. NATIONAL FILM BOARD OF CANADA



## Do you (or your partner) suffer from painful sex?

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# In lean times, startups are an attractive choice for new grads

## Jobless generation.

Canadian youth view entrepreneurship as a way to replace jobs that have all but disappeared since 2008 recession



**TAKARA SMALL**  
takara.small@metronews.ca

Alkarim Nasser has come a long way from his humble beginnings in a cramped office shared with four others in downtown Toronto.

The 27-year-old co-founder of BNOTION, which produces web and mobile applications, spent most of his early days as an entrepreneur hunched over a laptop scanning Craigslist ads for new clients.

"We saw it as low-hanging fruit and hadn't yet created a

name for ourselves" he says. The company, which he helped start after graduating from Seneca College, now boasts a dozen clients including Johnson & Johnson and Samsung.

Stories such as Nasser's weren't unusual at DX3, a digital conference held Thursday in Toronto. They're likely to become more commonplace as Canadian youth look to entrepreneurship to replace jobs that have all but disappeared in recent years.

According to the Canadian Youth Business Foundation, 52,795 people aged 15 to 39 started their own business in 2011 and that number is only expected to grow.

The 2008 recession proved devastating for youth seeking work in this country. The stubbornly high unemployment rate for those aged 15 to 24 is double the national average, forcing a job-hungry generation faced lower or nonexistent



Nicholas Wiktorczyk, co-founder of Spently, a cloud-based service that provides interactive email receipts, works on new orders at the 2013 DX3 conference in Toronto on Thursday. TAKARA SMALL/METRO

wages to look elsewhere for opportunities.

Rebecca Basi, 23, sees working for startups as the most viable option for ambitious youth. The marketing co-ordinator for Plastic Mobile, a startup that creates mobile applications, was at DX3 to network. Initially, she turned to small firms to pad her resumé, but now can't see herself working for anyone but startups.

"I feel like if I were to work for a bigger company I would end up having less responsibility and not collaborate with others as much as I do now. Startups give me the ability to be more creative, hands-on."

## Online

Visit [metronews.ca](http://metronews.ca) for more tips from entrepreneurs who attended DX3.



## Startup secrets

- "Tell everyone what you're doing. Entrepreneurs want to keep everything a secret because they're afraid someone will steal it, but no one will, because (in the early stages) it sucks. Get feedback from friends, family, and strangers to turn it into a real business." **Nicholas Wiktorczyk, co-founder of Spently, a cloud-based service that provides interactive email receipts**

- "Simple: Don't overthink it, or you'll never get started. If you're too scared, you'll never end up doing anything." — **Ethan Do, founder of OverAir, a wireless technology firm**

- "No amount of schooling will teach you how to start a company. You just need to do it. It's not a science where there is a yes-or-no answer." — **Adam Jarczyn, co-founder and CEO of online shopping app Hovr.it**

## Market Minute



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## Spring cleaning

### Facebook revamp aims to de-clutter News Feed

Facebook is trying to breathe new life into its social network with a redesign of its News Feed. Amid complaints the site has become a jumble of monotonous musings and random pictures, the overhaul, which began rolling out Thursday, offers controls that allow users to create streams of photos and other material in organized sections.

THE ASSOCIATED PRESS

# Feds to auction wireless spectrum

## Not a bad haul

**\$4.3B**

The government raised nearly \$4.3 billion in its last spectrum auction in 2008.

Ottawa is putting highly sought-after spectrum for wireless devices on the auction block later this year in the hopes of fetching at least \$900 million — but likely much more.

The Conservative government is aiming to have at least four wireless players in every region of the country in a bid to help upstarts grab a piece of a market that has been dominated by big companies such as Rogers, Bell and Telus.

"Today, our government is implementing four distinct measures to ensure that Canadian consumers continue to

benefit from more choice in the wireless (sector)," Industry Minister Christian Paradis said Thursday as he announced the Nov. 19 start date for the auction.

The 700-megahertz wireless spectrum, which is up for auction, is considered ideal for use

by new high-speed networks in high-density urban areas and in rural Canada. It has the ability to allow cellphone calls in elevators, deep in underground parking lots and in tunnels in big cities, and in basements and attics in suburban areas. It also provides better and more affordable coverage in rural Canada because fewer cellphone towers are needed to provide coverage.

At minimum, Ottawa wants to raise \$897,294,000 from the auction. But the wireless spectrum is widely expected to fetch potentially billions of

dollars. The government raised nearly \$4.3 billion in its last spectrum auction in 2008.

"We'd be surprised if it's a lot more than a \$2-billion valuation, \$2.5 billion," analyst Dvai Ghose of investment firm Canaccord Genuity said of the November sale.

"Now two things to remember, which are contradictory: on the one hand, there's much more spectrum that was released last time around ... so there's much less spectrum (now). But the other issue is it's much better spectrum."

THE CANADIAN PRESS

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# THE NOT-SO-SWIFT RESPONSE

**1 Keeping the crown.** Queen Elizabeth II was released from hospital this week after having a stomach infection. The 86-year-old monarch still maintains a demanding schedule, and when asked if she might retire, sources say she chugged back a pint of Guinness and said, "What? And leave things to that putz Charles?" OK, there were no real sources, but I like to think that's what happened.

**2 Milk and honeys.** Playboy launched the first Hebrew edition of the magazine this week with special content including articles by native Israeli writers and actual Israeli models. Adult material has always been available in Israel, but never in the holy language. Jewish and Muslim groups both observe strict rules of modesty, so newsstand shelves will be covered with



The List  
**Mike Benhaim**  
metronews.ca

a sheet.

**3 An email for your thoughts.** An Orwellian prophecy is materializing in Brazil, where the actual thoughts of a rat were recorded by electric sensors and emailed to another in the United States. The rodent receiving the "brain link" amazingly began mimicking the behaviour of his South American cousin. Scientists believe that this may explain the popularity of Snooki and JWwow.

**4 To boldly go ...** Until recently, the Inspiration Mars Foundation team planning the 2018 voyage was perplexed with the dangers of radiation exposure from cosmic rays, but now they may have a solution. Chief technology officer Taber MacCallum recently announced that human waste can be used as shielding because it contains more nuclei per volume than metal. So the two-

person crew will recycle their own "emissions," which will then be stored in bags to line the capsule, clarifying orders to "get their s-t together."

**5 Swiftly dissed.** Taylor Swift resented the humour of hosts Amy Poehler and Tina Fey at last month's Golden Globes. They kidded her about staying away from Michael J. Fox's son, who was working as an usher that evening. The joke was that she dates a lot and often from famous families. Not sure if I'm more annoyed that this offended her, or that it took her this long to get the joke.

**6 Thanks, eh?** The first Canadian Screen Awards aired on CBC last Sunday. The show combined two national television mainstays in the Gemini and Genie Awards. The show, hosted by Martin Short, was well-received but possessed the very same ingredient that alienated original audiences: Canadian content.

Follow The Metro List on  
Twitter @TheMetroList



## ZOOM

### A fire without a flame

Looks like cascading lava

For most of the year, the Horsetail Fall waterfall does not get much attention but for two weeks every spring it appears to turn into lava.

This phenomenon on the rock formation El Capitan in Yosemite National Park, Calif., is an optical effect produced by Earth's angle in relation to the sun and the geographical position of the waterfall. **METRO**

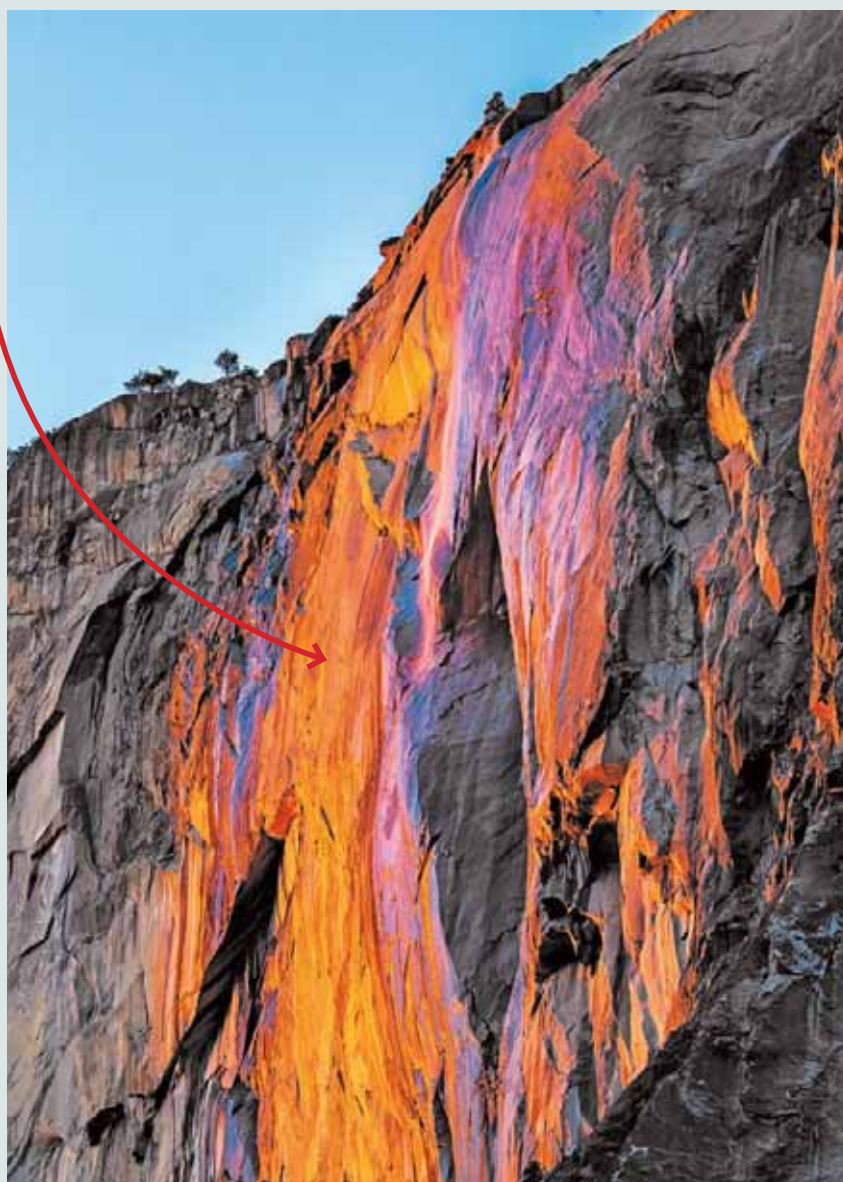
### Man-made fires were tradition

In a bizarre summer-time ritual, rangers at Yosemite National Park used to actually create man-made "fire falls." From the 1870s, burning hot embers were dropped from the top of Glacier Point down to the valley below, a practice performed by several generations of owners at the Glacier Point Hotel. Fire falls were discontinued in 1968 over fire hazard concerns. **METRO**

Free fall

## 650

metres is the total height of Horsetail Falls.



PUTT SAKDHINAGOO/SOLENT

## Clickbait

Two scientists attempt to answer the age-old question: cookie or cream?

### Oreo separating machine

Recently Oreo launched their Separator series online. The first webisode, which has already been seen more than 3.5 million times, features an engineer's separator machine. The second episode is also picking up cream. Two Minnesota scientists developed a device that detaches the cream from the cookie and pops the two right in the user's mouth.



## Twitter

@metropicks asked: If you were in charge of designing Facebook's News Feed, what features would it have? What would you block?

@StephanieChan: I'd block certain people from recklessly tagging you in posts. I don't want my attention drawn to someone's bad art or meme.

@RkNRollaAyatola: It would feature zero ads, zero app requests, zero game requests. It would look a lot like my @GooglePlus\_Feed:D

@TristanCPDT: no more ads or 'sponsored' stories

@epickidneyfail: Ability to block games and game requests and "suggested pages" ads or "sponsored" stories.

Follow @metropicks and take part in our daily poll.

## Letters

RE: Horse as the Main Course, published March 4

I was horrified by the article on profiling the growing market for horsemeat in Canada, from consumption to exportation.

The article made very brief mention about how the rearing and slaughtering of horses is humane, just like with cattle, which in my view was irresponsible and inaccurate reporting.

The author neglected to comment on the realities of meat production in our country: how intensive factory farms inflict unquantifiable pain and suffering to billions of non-human "food" animals each year.

Farming horses, or any animal, for human consumption is hugely wasteful, unethical and unnecessary to human health.

Jeff Szmyr, Toronto

## WE WANT TO HEAR FROM YOU:

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## Synopsis

In *Dead Man Down*, Colin Farrell plays Victor, right hand man to notorious crime lord Alphonse Hoyt (Terence Howard). When a close associate turns up dead with a note clenched in his fist and part of a picture stuffed in his mouth, Hoyt goes medieval on his enemies. Thus begins a twisty-turny story of revenge involving Victor, Alphonse and Beatrice (Noomi Rapace), a former beautician whose face was disfigured in a drunk driving accident. That's all the Reel Guys can say about the plot, however. Telling you anything more would take some of the punch away from the movie.

• Richard: ●●●●

• Mark: ●●●●

## Reel Guys

RICHARD  
CROUSE AND  
MARK BRESLIN



**Dead Man Down.** WWE Studios' recipe is just not right as they attempt to mix romance and revenge in a Colin Farrell fronted action flick

**Richard:** Mark, this new film from WWE Studios, has something for everyone. It's a new genre that mixes a revenge drama with a romantic subplot — complete with sweeping violin accompaniment. What to call it? A romrev? Maybe a romantic revenge? Either way I suppose it is an action flick for the guys with just enough romance to make it

a date movie as well, but a revenge drama from WWE Studios should be about violence, not violins. Did you buy into the story?

**Mark:** The story was just a framework for the melancholic mood that suffuses the picture. A date movie for depressives, perhaps? Although the story takes place in New York City, the feel of it seems entirely European.

**RC:** The Euro style you noticed makes sense as the movie was made by *The Girl with the Dragon Tattoo* director Niels Arden Oplev. I liked the edgy atmosphere but was troubled by plot holes big enough for Andre the Giant to walk through (this

was, after all, produced by World Wrestling Entertainment). I don't always demand logic, but when you have a story this simple, the characters have to act within their boundaries. It doesn't make them more interesting when they behave erratically, just less interesting and harder to connect to.

**MB:** There were other oddities as well. Rapace's scars earned her the nickname "the monster" but any charitable plastic surgeon could have given her the \$80K pro bono job that would have solved her problem — no need for a hit man. Frankly, F. Murray Abraham's skin was a lot scarier.

**RC:** I liked seeing Abraham.

In fact, I liked a lot of the performances here. Farrell brings his usual brooding intensity to the role of Victor. Rapace's exotic, otherworldly presence nicely complements the film's off-kilter feel — you wouldn't expect the girl with the dragon tattoo to play a passive girlfriend role and she doesn't, up to a point, and Terence Howard is a good menacing bad guy, but the movie's tale of revenge simply isn't sturdy enough to hold the whole thing together.

**MB:** Agree with you about the acting, although the bad guys were pretty generic. With one exception: I thought Dominic Cooper turned in a nuanced performance as Farrell's emotionally charged wingman.



Colin Farrell plays right hand man to a crime lord in *Dead Man Down*. HANDOUT

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# The incredible Steve Carell talks about the magic of a great comedy

**Burt Wonderstone.** Funnyman flips through the list of the top 100 best comedy movies and tells Metro what tickles his fancy



**NED EHRBAR**  
Metro World News in Hollywood

With titles like the 40-Year-Old Virgin, Anchorman: the Legend of Ron Burgundy and Crazy Stupid Love under his belt, Steve Carell certainly knows his way around comedy. So we wanted to get the Incredible Burt Wonderstone star's take on some of the best comedies of all time and what makes them great, using Time Out London's list of the 100 Best Comedy Movies. Incidentally, only two of



The Incredible Burt Wonderstone opens next Friday. HANDOUT

Carell's films made the list — Anchorman and Little Miss Sunshine — but he let that slide. OK, here's the list.

**No. 1, This is Spinal Tap!**

Well, that's obviously a classic. It broke the mold, and it has been copied so often. Like any great movie or book or play, there's one of these, and you can't replicate it. And it holds

up, too. It's a hilarious movie. **Is there one there that sticks out?** For me? Dr. Strangelove. Number 14? I'd put that on top of my list. I think that movie is

terrifying and funny in equal parts and I think that is special. That's an almost impossible feat to accomplish, to create something that elicits such completely diverse responses.

And I love Peter Sellers' performances in that movie.

**Do you remember when you first saw it?**

I think I saw it in a film class in college. I didn't really know much about it, but it was a movie that changed my perception of comedy in a lot of ways. And Being There, as well. I don't know where Being There is on this list.

**I don't think it's on the list.**

It's not? And on the other side, getting away from somebody like Kubrick, you have Mel Brooks, with Blazing Saddles or Young Frankenstein. Young Frankenstein is one of my all-time favourite movies as well. And again, just unrelenting silliness and commitment. I don't know, it's hard to deconstruct it because you don't necessarily know why something makes you laugh, it just does.

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COLIN FARRELL NOOMI RAPACE DOMINIC COOPER TERRENCE HOWARD

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## Fantasy/Adventure



## Oz the Great and Powerful

Director. Sam Raimi

Stars. James Franco, Mila Kunis

Put up against the 1939 classic, *The Wizard of Oz*, Sam Raimi's *Oz the Great and Powerful* isn't exactly great and certainly not powerful. Sure, the 3D-effect-laden spectacle is effectively engaging, but the familiar story about how an ego-driven carnival magician (James Franco) became the wonderful wiz is simply uninspired. It will surely attract hardcore *Oz* fans, but for most, you'll be thinking somewhere over the rainbow, there must be something better.

STEVE GOW

# What would you do if you witnessed a murder?

**Viral video.** A controversial promo video and social experiment has prompted a discussion around the ethics of viral marketing

MICHELLE CASTILLO

Metro World News

What would you do if you saw a man strangling another man in an elevator? Would you step in and help? Would you call the authorities? Would you run like hell?

Some pseudo sociologists-turned-filmmakers decided to test people's reactions to this shocking scenario in an online video called Elevator Murder Experiment.

It's actually an advertisement for *Dead Man Down*, the latest film from the original *The Girl With The Dragon Tattoo* director Niels Arden Oplev (and starring Noomi Rapace and Colin Farrell). The YouTube clip was created by viral video marketing agency Thinkmodo. So far, it has more than 2 million views.

"At no point was anyone in danger, even though it looks like it at some points," Michael Krivicka, co-founder of Thinkmodo and director of the elevator video, told Metro World News. He hoped it would spark debate.

All but one of the reactions were completely real, claims the director, including the guy who uses a fire extinguisher. In order to tie the project to *Dead Man Down*, the last subject — a man who shows up with his dogs and films the murder with his cell phone — was actually

A YouTube video promoting the movie *Dead Man Down* has sparked online debate. HANDOUT

an actor.

The staged part mimics a key scene in the film where one main character witnesses another lead character strangling someone to death. She too records the incident on her

phone — and later uses it for blackmail.

But many commenters seem confused, with some saying it could have gone all wrong if a bystander had a gun — or calling it out as a fake. That's

OK with Krivicka. "There is a big difference between advertising and viral marketing," he says.

"A viral marketing video is designed to start conversations around the movie."

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21 and Over (STC), Fri-Thu 1-3:10-7:10-10:10  
The Call (STC), Thu 10  
Dark Skies (STC), Fri-Thu 9:05  
Dead Man Down (STC), Fri-Sun 1:25-4:15-7:30-9:50, Mon-Thu 1:25-4:20-7:30-9:50  
Escape From Planet Earth (STC), Fri-Sun 1:05, Mon-Thu 1:20  
Escape From Planet Earth 3D (STC), Fri-Sun 4-6:20, Mon-Thu 4:10-6:20  
A Good Day to Die Hard (STC), Fri-Thu 12:20-3:05-6:55-9:15  
Hotel Transylvania (G), Mon-Thu 12:30-3:30  
Identity Thief (STC), Fri-Sun 12:35-3:30-6:45-9:45, Mon-Thu 12:35-3:40-6:45-9:45  
The Incredible Burt Wonderstone (STC), Thu 10  
Jack the Giant Slayer (STC), Fri-Sun 1:10-9:40, Mon-Thu 1:10-9:40  
Jack the Giant Slayer 3D (STC), Fri-Sun 3:50-6:50, Mon-Thu 3:50-6:50  
The Last Exorcism Part II (STC), Fri-Sun 1:20-4:10-7:40-10:05, Mon-Thu 7:40-10:05  
Life of Pi (PG), Fri-Thu 12:05-6:25  
Life of Pi 3D (PG), Fri-Thu 3:20-9:20  
Lincoln (PG), Fri-Sun 12-3:30-7:35, Mon-Wed 7:35, Thu 6:20  
Madoka Magica (STC), Thu 7:30  
Oz the Great and Powerful (STC), Fri-Thu 11:45-2:45-6-9  
Oz the Great and Powerful 3D (STC), Fri-Thu 12:15-3:15-6:30-9:30  
Parental Guidance (G), Mon-Thu 12-3 Quartet (PG), Fri-Wed 12:30-3:25-6:40-9:15, Thu 12:30-3:25-6:40  
Rise of the Guardians (G), Mon-Thu 1-4 Safe Haven (STC) Fri-Sun 11:50-2:55-

7:20-10:10 Mon-Wed 11:50-2:50-7:20-10:10 Thu 11:50-2:50-10:10  
Side Effects (STC), Fri-Sun 1:15-4:05-7:15-10:15, Mon-Wed 7:15-10:15, Thu 10:15  
Silver Linings Playbook (14) Fri-Sun 11:55-3-6:10-9:10 Mon-Thu 11:55-2:55-6:10-9:10  
The Smurfs (G), Mon-Thu 1:30-4:30  
Snitch (STC) Fri-Sun 12:10-3:35-6:30-9:30 Mon-Thu 6:15-9:55

### Imax 190 Chain Lake Dr.,

Oz the Great and Powerful: An IMAX 3D Experience (STC), Fri-Thu 12:45-3:45-7-10

### Oxford Theatre 6408 Quinpool Rd.

On the Road (STC) Fri 6:30-9:15 Sat-Sun 3:30-6:30-9:15 Mon-Thu 6:30-9:15

### Park Lane 5657 Spring Garden Rd.

21 and Over (STC) Fri 4:15-6:45-9:50 Sat 1:25-4:15-6:45-9:50 Sun 1:35-4:15-6:45-9:50 Mon-Thu 1:35-4:25-6:45-9:50  
Charlie Zone (STC) Fri 3:35-6:30-9:15  
Sat-Sun 1:30-3:35-6:30-9:15 Mon-Thu 1:40-4-6:30-9:15  
Dead Man Down (STC) Fri 3:55-7:05-9:40 Sat-Sun 1:10-3:55-7:05-9:40 Mon-Thu 1:30-4:10-7:05-9:40  
Identity Thief (STC) Fri 4:05-7:10-9:45 Sat 12:45-4:05-7:10-9:45 Sun 12:50-4:05-7:10-9:45 Mon-Thu 7:10-9:45  
Jack the Giant Slayer (STC) Fri 9:20 Sat-Sun 1:15-9:20 Mon-Thu 1:30-9:20  
Jack the Giant Slayer 3D (STC) Fri-Sun 4-6:40 Mon-Thu 4:05-6:40  
The Last Exorcism Part II (STC) Fri 4:20-7:15-9:35 Sat 7:15-9:35 Sun 1-4:10-7:15-9:35 Mon-Thu 7:15-9:35

The Metropolitan Opera: Les Troyens Encore (STC) Sat 12  
Oz the Great and Powerful (STC) Fri 9:30 Sat 12:50-9:30 Sun 1-9:30 Mon-Thu 1:15-9:30  
Oz the Great and Powerful 3D (STC) Fri-Sun 3:45-6:55 Mon-Thu 3:40-6:55  
Silver Linings Playbook (14) Fri 3:30-6:25-9:10 Sat-Sun 12:35-3:30-6:25-9:10 Mon-Thu 12:45-3:30-6:25-9:10  
Toonie Matinee - Hotel Transylvania (STC) Mon-Thu 1:45  
Toonie Matinee - Parental Guidance (STC) Mon-Thu 4:20  
Toonie Matinee - Rise of The Guardians (STC) Mon-Thu 1  
Toonie Matinee - The Smurfs (STC) Mon-Thu 3:50

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21 and Over (STC), Fri 7:10-9:30, Sat-Sun 2:20-7:10-9:30, Mon-Thu 1:50-4:35-7:10-9:30  
Escape From Planet Earth (STC), Sat-Sun 2:30  
Escape From Planet Earth 3D (STC), Fri-Sun 6:40, Mon-Thu 1:15-6:40  
Identity Thief (STC), Fri 7-9:25, Sat-Sun 3-7-9:25, Mon-Thu 12:30-4:30-7-9:25  
Jack the Giant Slayer (STC), Fri 9:20, Sat-Sun 2:50-9:20, Mon-Thu 1:45-9:20  
Jack the Giant Slayer 3D (STC), Fri-Sun 6:45, Mon-Thu 3:50-6:45  
The Last Exorcism Part II (STC), Fri 6:55-9:35, Sat-Sun 2-6:55-9:35, Mon-Thu 6:55-9:35  
Oz the Great and Powerful (STC), Fri 9:05, Sat-Sun 2:10-9:05, Mon-Thu 12:45-9:05  
Oz the Great and Powerful 3D (STC), Fri-Sun 6:30, Mon-Thu 3:25-6:30  
Safe Haven (STC), Fri-Thu 8:55

Snitch (STC), Fri 6:15-9:15, Sat-Sun 2:40-6:15-9:15, Mon-Thu 6:15-9:15  
Toonie Matinee - Hotel Transylvania (STC), Mon-Thu 1  
Toonie Matinee - Parental Guidance (STC), Mon-Thu 3:40  
Toonie Matinee - Rise of The Guardians (STC), Mon-Thu 1:30  
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### Dartmouth Crossing 145 Shubie Dr.

21 and Over (STC), Fri 4:20-7:45-10:25, Sat-Sun 1:20-4:20-7:45-10:25, Mon-Thu 7:45-10:25  
The Call (STC), Thu 10:10  
Dark Skies (STC), Fri-Wed 10:30  
Dead Man Down (STC), Fri 4-7:30-10:15, Sat-Sun 1:20-4:30-7:30-10:15, Mon-Thu 1:50-4:40-7:30-10:15  
Escape From Planet Earth (STC), Fri 4:10, Sat-Sun 12:50-4:10, Mon-Thu 1:40-4:20  
Escape From Planet Earth 3D (STC), Fri-Thu 6:50  
A Good Day to Die Hard (STC), Fri 3:35-6:15-9, Sat-Sun 12:55-3:35-6:15-9, Mon-Thu 6:15-9  
Identity Thief (STC), Fri 3:55-7:10-10:05, Sat-Sun 12:30-3:55-7:10-10:05, Mon-Thu 12-2:50-7:10-10:05  
The Incredible Burt Wonderstone (STC), Thu 10  
Jack the Giant Slayer (STC), Fri 3-7:20-10:10, Sat-Sun 12:15-3-7:20-10:10, Mon-Tue 1:20-4:30-7:20-10:10, Wed 7:20-10:10, Thu 1:20-4:30-7:20-10:10  
Jack the Giant Slayer 3D (STC), Fri 3:30-6:40-9:40, Sat-Sun 12:40-3:30-6:40-9:40, Mon-Thu 12:40-3:40-6:40-9:40  
The Last Exorcism Part II (STC), Fri 4:25-7:40, Sat 7:40, Sun 1:40-4:25-7:40

, Mon-Thu 7:40  
The Metropolitan Opera: Les Troyens Encore (STC), Sat 12  
Oz the Great and Powerful (STC), Fri 3:20-9:30, Sat-Sun 12:20-9:30, Mon-Thu 12:15-9:30  
Oz the Great and Powerful 3D (STC), Fri 3:45-7-10, Fri 6:30, Sat-Thu 1-4-7-10, Sat-Thu 3:20-6:30  
Safe Haven (STC), Fri 4:15-7:15-10:15, Sat-Sun 1:10-4:15-7:15-10:15, Mon-Thu 12:10-3-7:15-10:15  
Side Effects (STC), Fri-Wed 9:20  
Snitch (STC), Fri 3:10-6:20-9:10, Sat-Sun 12:10-3:10-6:20-9:10, Mon-Thu 6:20-9:10  
Toonie Matinee - Hotel Transylvania (STC), Mon-Thu 1:30-4:10  
Toonie Matinee - Parental Guidance (STC), Mon-Thu 12:50-3:30  
Toonie Matinee - Rise of The Guardians (STC), Mon-Thu 1:10-3:50  
Toonie Matinee - The Smurfs (STC), Mon-Thu 12:30-3:10

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21 and Over (STC), Fri 7:05-9:35, Sat-Sun 2:55-7:05-9:35, Mon-Thu 12:40-3:20-7:05-9:35  
Escape From Planet Earth (STC), Sat-Sun 3, Mon-Thu 12:45  
Escape From Planet Earth 3D (STC), Fri-Sun 7:15, Mon-Thu 3:30-7:15  
Identity Thief (STC), Fri 6:55-9:30, Sat-Sun 2:50-6:55-9:30, Mon-Thu 12:15-3:15-6:55-9:30  
Jack the Giant Slayer (STC), Fri 9:15, Sat-Sun 2:40-9:15, Mon-Thu 12:20-9:15  
Jack the Giant Slayer 3D (STC), Fri 6:40, Sat-Sun 6:40, Mon-Thu 2:55-6:40  
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9:20, Sat-Sun 2:30-9:20, Mon-Thu 12:10-9:20  
Oz the Great and Powerful 3D (STC), Fri-Sun 6:30, Mon-Thu 3-6:30  
Safe Haven (STC), Fri 6:35-9:10, Sat-Sun 2:35-6:35-9:10, Mon-Thu 6:35-9:10  
Snitch (STC), Fri 6:45-9:25, Sat-Sun 2:45-6:45-9:25, Mon-Thu 6:45-9:25  
Toonie Matinee - Hotel Transylvania (STC), Mon-Thu 12  
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Toonie Matinee - Rise of The Guardians (STC), Mon-Thu 12:30  
Toonie Matinee - The Smurfs (STC), Mon-Thu 2:45

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21 and Over (STC) Fri 7-9:15 Sat-Sun 3:20-7-9:15 Mon-Thu 7-9:15  
Escape From Planet Earth (STC) Sat-Thu 2:50 Identity Thief (STC) Fri 6:40-9:10 Sat-Thu 3:30-6:40-9:10  
Jack the Giant Slayer (STC), Fri 9:25, Sat-Sun 3:10-9:25 Mon-Thu 3:20-9:25  
Jack the Giant Slayer 3D (STC), Fri-Sun 6:15 Mon-Thu 6:15  
The Last Exorcism Part II (STC) Fri-Thu 7:10-9:20  
Oz the Great and Powerful (STC), Fri 9, Sat-Sun 2:30-9, Mon 3:10-9, Tue-Thu 3:10-9  
Oz the Great and Powerful 3D (STC), Fri-Thu 6:35  
Safe Haven (STC) Fri 6:50-9:30 Sat-Thu 2:40-6:50-9:30  
Snitch (STC) Fri 6:25-9:05 Sat-Sun 3-6:25-9:05 Mon-Thu 6:25-9:05  
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# Axes, swords and some fine wine: the civilized side of barbarianism

## The Vikings.

Katheryn Winnick and Jessalyn Gilsig talk about the softer side of Norse warriors

MATT PRIGGE  
scene@metronews.ca

The dominant cultural image of Vikings is simple: bearded oafs drinking from skull cups in be-

tween fits of plundering.

"People think they were just barbarians with horns on their heads," says Katheryn Winnick, one of the stars of *The Vikings*, a new docu-dramatic show that premiered last Sunday on The

History Channel. "That's completely wrong. They were civilized, intelligent, sophisticated."

Discoveries into the lives of these Norse warriors have unearthed a more complex, even in some ways flattering,

view than the romantic portrait prominent in the public's mind. The show is the latest from Michael Hirst, known for his way of turning history — via the two Elizabeth films, *The Tudors* and *The Borgias* — into highly watchable and oft-sexy trash. But Hirst's talents run deeper than that, just as his show — which tells of Ragnar Lothbark (Travis Fimmel), a real-life Viking badass — isn't only about straightening records.

The most striking aspect is the meaty role women have on the show, specifically Lagertha (Winnick), wife of Ragnar, and Siggie (Jessalyn Gilsig), the Lady Macbeth to Gabriel Byrne's evil lord. Lagertha, a real-life "shield-maiden" (i.e., female warrior), spends the earliest episodes, at least, at home as her husband sails on an illegal mission.

But that means organizing the community as her husband

would and fending off ne'er-dowells, even by force. (Winnick has a long history in martial arts, and has had a black belt since the age of 13.)

"What's great about her relationship with Ragnar was that they were partners," Winnick says. "They were teammates. It was true love."

For Gilsig, best known as hissing Terri Schuester on *Glee*, it was a chance to not only play evil again, but play equally evil to her husband.

"This was a team effort," she says of the two characters. "This is a couple that has come to the highest position you can achieve, and now they have to figure out how to keep it. You have to do that by identifying your enemies and any threat you have, and eliminating them. That can make you unethical and calculated, but it's all in the name of survival."



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## TV picks

### Timberlake doing double duty on SNL — this week in television

This Friday's edition of CBC's *Marketplace* looks into how Canadians are consuming too much sodium. The show ran 80 people through tests to see how much salt they were ingesting each day and how it could be impacting their health.

The second season of the reality show *Fashion Star* kicks off Friday, giving contestants another chance to showcase their clothing designs. Nicole Richie, Jessica Simpson and John Varvatos are mentors on the show while buyers from retailers including Macy's and Saks Fifth Avenue are looking to reward the best designers. (NBC)

Justin Timberlake does double duty tonight on *Saturday Night Live*. Timberlake, who recently performed some new material at the Grammys, is hosting and performing on the show. (Global, NBC)

The BBC series *Ripper Street* wraps its first season on *Space Saturday* with detective inspector Edmund Reid investigating a suspected white slavery ring. Fans will be



Justin Timberlake is hosting and performing this week on *Saturday Night Live*. GETTY IMAGES

happy to know that a second season of the drama has been confirmed.

CBC's biopic of the late federal New Democratic Party leader Jack Layton airs Sunday with Rick Roberts in the role of the charismatic politician and Sook-Yin Lee portraying his wife Olivia Chow. Jack covers their lives in Toronto politics in the 1980s through to the 2011 federal election campaign and Layton's subsequent death of cancer.

Jennifer Love Hewitt's *The Client List* is back with a second season, but there's still time for fans to get all caught up. Starting at noon ET/PT on Sunday, Lifetime Canada will air all 10 episodes from the first season leading up to that night's new show. **THE CANADIAN PRESS**



# The Valiant return of Dr. Mirage

**Shadowman.** The character who debuted in 1993 is back as Dr. Shan Fong

It's no hallucination: Dr. Mirage has returned to Valiant Entertainment, though the paranormal detective is decidedly different.

Appearing in *Shadowman* No. 5 — which came out Wednesday — the popular character who debuted in 1993 is presented anew as Dr. Shan Fong, a dedicated and detailed investigator who talks to spirits in a bid to solve human crimes.

"The low key intro is about readers getting to know her," said *Shadowman* designer and artist Patrick Zircher of Fong's first appearance. "Hopefully they like what they see and there'll be plenty of adventures to come."

Valiant said Tuesday that the contemporary Dr. Mirage is similar to the previous incarnation, a man named Hwen Mirage, whose exploits with wife Carmen Ruiz ran for 18 issues



Dr. Shan Fong plays Dr. Mirage, a dedicated and detailed investigator who talks to spirits in a bid to solve human crimes. VALIANT COMICS/THE ASSOCIATED PRESS

in *Second Life of Doctor Mirage* — but, added Zircher, her powers are more steeped in Asian mysticism.

"Dr. Mirage's return is part of Valiant's ongoing plan to ex-

pand its universe of characters and she's a natural fit for the supernatural and mystic stories taking place in *Shadowman*," he said of the new issue. It was written by Justin Jordan with

art by Zircher, Lee Garbett, Stefano Gaudiano and Roberto Delatorre, and sees *Shadowman* take on the Lord of Cemeteries.

While she doesn't have a big appearance in the book, yet,

Zircher said it's just the beginning.

Dinesh Shamdasani, Valiant's chief creative officer, said Mirage's reintroduction is part of a larger story that involves



The cover of *Shadowman* No. 5. THE ASSOCIATED PRESS

the entire Valiant universe.

"Since the Summer of Valiant, we've been slowly building towards several key events. You can see the first of these events this April in *Harbinger Wars*, where *Bloodshot* and *Harbinger* collide," he said. "The return of Dr. Mirage is part of that plan — part of setting the stage. Dr. Mirage is a key piece in the future of the Valiant universe and the timing of the return, as well as the manner, is no accident." THE ASSOCIATED PRESS

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## Country music

ACM Awards  
announce  
music performers

Already busy co-hosts Blake Shelton and Luke Bryan also will perform during this year's Academy of Country Music Awards.

The country cut-ups are among the first round of performers announced

Wednesday for the annual awards show in Las Vegas. They'll be joined by Shelton's wife, Miranda Lambert, George Strait, Hunter Hayes and The Band Perry.

Pop star and former American Idol champion Kelly Clarkson, a two-time ACM winner in 2012 and a nominee this year, also will perform as she continues to increase her country profile since moving to Nashville.

THE ASSOCIATED PRESS



South Korean Hwang Min-woo, the seven-year-old nicknamed Little Psy.

YONHAP/HAN JONG CHAN/THE ASSOCIATED PRESS

## Little Psy follows in 'big brother's' footsteps

The impish boy who showed off his dance moves alongside Psy in Gangnam Style is hoping to go viral, too.

The seven-year-old nicknamed Little Psy is releasing an electro pop song next week through iTunes. The boy, whose real name is Hwang Min-woo, says he wants to gain global fame like his "big brother" Psy.

Sporting a black suit and a sleek haircut, Min-woo performed at a news con-

ference in South Korea on Wednesday. He is the latest recruit in the increasingly global K-pop industry.

Min-woo is a second-grader and his mother comes from Vietnam.

Meanwhile, the big Psy has released a Gangnam Style remix and is continuing his worldwide tour. The video released on YouTube in July has a record 1.39 billion views. THE ASSOCIATED PRESS

3 songs for  
the weekend

SOUND  
CHECK  
Alan Cross  
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## Ingenu/Atoms for Peace

The band featuring Thom Yorke that isn't called Radiohead has a new album called AMOK. You know that old saying "Dance like no one is watching?" That's what Thom's doing in the official video.

How Soon is Now/  
Johnny Marr and  
Ron Wood

An ex-Smith and a current Rolling Stone perform a classic live that the Smiths could never pull off because of technical challenges with the guitar bit.

American Boy/  
Kombinacija

Before the Soviet Union dissolved they had their own pop and rock ecosystem. This is the best Soviet song you've probably never heard.



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<p><b>2009 HONDA CIVIC COUPE</b></p> <ul style="list-style-type: none"> <li>1.8L 4 Cyl Auto</li> <li>Cruise</li> <li>A/C</li> <li>Alloy Wheels</li> <li>Power Group</li> <li>Rear Spoiler</li> </ul> <p><b>\$13,995 or \$155 B/W 0 Down</b></p>	<p><b>2010 HYUNDAI ELANTRA SPORT</b></p> <ul style="list-style-type: none"> <li>2.0L 4 Cyl Auto</li> <li>Power Sunroof</li> <li>A/C</li> <li>Alloy Wheels</li> <li>Power Group</li> <li>Sport Appearance Gp</li> </ul> <p><b>\$13,995 or \$129 B/W 0 Down</b></p>	<p><b>2013 DODGE DART RALLYE</b></p> <ul style="list-style-type: none"> <li>1.4L Multi Air Turbo</li> <li>Navigation</li> <li>6 Speed Manual</li> <li>Back up Camera</li> <li>6.4" Touch Screen</li> <li>Premium Interior</li> </ul> <p><b>\$23,995 or \$179 B/W 0 Down</b></p>

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Demi Moore ALL PHOTOS GETTY IMAGES

## Demi files divorce papers 16 months after separation

Demi Moore is finally filing divorce papers to end her marriage with Ashton Kutcher, according to Page Six.

The news comes 16 months after their initial separation — and three months after Kutcher's

own filing. So what was the holdup?

A source claims Moore had been trying to reach a confidential settlement with Kutcher about his income but has given up on the negotiations.



Pete Townsend

## Potty-mouthed Townsend was in 'rock star mode'

Pete Townsend is looking to make amends after apparently swearing at a seven-year-old girl and her parents during a recent concert in Ontario, Canada.

Townsend became annoyed after spotting a sign that read, "Smash your guitar, Pete!" being held up by the girl. "Go away with that sign, please.

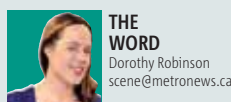
Just go away with it," he scolded her parents. He then mouthed the words "f— off" at them. Townsend feels differently now, according to the Toronto Sun. "Apologies and condolences from my side, and very best wishes to you and your family," Townsend wrote in a letter. "I was in rock star mode, the big mouth."

# METRO DISH

### The Word



## No marble bathtubs for Swift



THE WORD  
Dorothy Robinson  
scene@metronews.ca

Poor Taylor Swift has come under a lot of fire this week for recent statements in this month's issues of Vanity Fair and InStyle U.K.

She started a virtual firestorm when she said she didn't appreciate Amy Poehler and Tina Fey's joke at her expense at January's Golden Globes by saying, "You know, Katie Couric is one of my favourite people. She said to me she had heard a quote that she loved that said, 'There's a special place in hell for women who don't help other women.'" (Note to Swift: Fey and Poehler are

bulletproof; everyone will always take their side for all of eternity. You cannot disparage them to the press, even if you are somewhat right).

She then comes across as rather, well, entitled in the latest issue of InStyle U.K. about the hardships of being one of the most famous women on the planet. "I don't wanna end up being awful and intolerable. Alone. Laying in a marble bathtub by myself, like sad, with a glass of wine just complaining that my life ended up alone because I pushed everyone away because I thought I was too good to hang out with anybody," she says.

Isn't Taylor Swift so famous because she's transparent and her 23-year-old life isn't presented through the sheen of a publicist's spin? What happens if, tired from all of the recent backlash, she decides to become as boring as every other starlet out there? That would be a giant shame.



Jake Gyllenhaal

## Gyllenhaal gets spun right round, baby, right round—by a model

Jake Gyllenhaal has a new lady in his life, and he reportedly met her in a spin class.

Gyllenhaal and Sports Illustrated swimsuit model Emily DiDonato have been dating "for a month or two," a source tells Us Weekly. The

pair met at New York's SpinCycle exercise studio, where Gyllenhaal has been known to work out whenever he's in the city. "He'll hop on the instructor bike," the source says. "He loves the attention from the girls."



Selena Gomez

## Life after Bieber: Selena Gomez doesn't date much

Selena Gomez admits that she hasn't had that active of a love life since her split from Justin Bieber, and apparently she doesn't get "asked out a lot," she tells Harper's Bazaar.

"And when I actually look presentable, I'm at an

awards show. It's not like I've wanted to go out and look for someone. I'm not really good at that."

Gomez admits that life with Bieber was made more stressful because of all the paparazzi attention.

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## Liquid Assets

Drink outside  
the glass

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It doesn't matter if you're a novice or an aficionado, falling into a wine rut can happen to the best of us. What I mean is losing that drive to discover new wines and getting trapped in the drudgery of drinking the same old thing.

There's something comforting about knowing what you're going to find in your glass. And the more familiar the liquid, the less stressful the buy.

If you really love wine though, you're going to have to break out and experiment if you're ever going to expand your horizons. And there's no better way than drinking from an unfamiliar country.

While Portugal isn't exactly undiscovered (it's been pumping out the world's best fortified wines for centuries), it has languished in Spain's shadow.

José Maria da Fonseca's 2010 Periquita (\$7.95 to \$11.99) is a good bottle to help you get acquainted.

This balanced, dark-berried red has Mediterranean flair and a price tag that's easy on the wallet.

Six months aging in oak provides it with more than enough structure to match with your favourite meaty pasta dish. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**



Forget the oven, this slow-cooker recipe will impress all lasagna lovers. GAV MARTELL OF YUMMYMUMMYCLUB.CA

# A slow-cooked cheesy and meaty sensation

**Slow-Cooker Lasagna.**  
All the delicious flavour of the Italian fave, none of the oven

**GAV MARTELL**  
YummyMummyClub.ca

I was a bit hesitant the first time I made lasagna in my slow cooker. Would the noodles be too mushy? Would it stand up to the oven-baked lasagna that my family knows and loves?

I'm happy to say that this has now become our go-to la-

sagna recipe and my kids insist it makes it onto our meal plan each and every week.

1. Heat olive oil in a pot over medium heat. Add fennel, give it a stir then add beef, salt and pepper. Cook until the meat is browned, about 10 minutes. Add tomato sauce and water and bring to a simmer.

2. In another bowl combine the ricotta, parsley, salt and pepper. Set aside.

3. Spread a thin layer of the sauce on the bottom of the slow-cooker. Cover the sauce with a single layer of uncooked

lasagna noodles, breaking the noodles as needed to fit. Spread about 1/4 of the ricotta mixture over the noodles. Top with a thin layer of the sauce, then sprinkle with about 1/4 of the mozzarella and Parmigiano-Reggiano.

4. Repeat layering 3 or 4 times. Top with a final layer of noodles, sauce and a sprinkling of mozzarella and Parmigiano-Reggiano.

5. Cover and cook on low until cooked through, about 4 hours. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD.**

## Ingredients

- 1 tbsp olive oil
- 1 pinch fennel seeds, crushed
- 1 lb lean ground beef
- 1/2 tsp salt
- 1/4 tsp black pepper
- 3 cups tomato sauce
- 2 cups water
- 1 lb ricotta cheese
- 2 tbsp chopped fresh parsley
- Kosher salt and pepper, to taste
- 1 box (about 18) lasagna noodles (Do not use no-cook noodles)
- 4 cups mozzarella, grated
- 1/2 cup Parmigiano-Reggiano cheese, finely grated

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## On Stage: Sara Slean

Singer-songwriter Sarah Slean returns to Halifax and she's bringing with her a romantic sound. Her Sunday night show at Spatz Theatre not only features the Sea portion of her Land and Sea acclaimed double disc, but also her very own orchestral strong section, and in every city she will invite on-board symphony musicians to perform alongside her. [sarahslean.com](http://sarahslean.com).



## Come Together: Siren Song

Tim Crofts, Geordie Haley and Doug Cameron make up Zokugaku. Together they make a hard-edged, rhythmically tight sound unique to our region. They'll be joined by Tena Palmer, whose voice is its own instrument. A melodic journey awaits those who come down to The Bus Stop Theatre Sunday at 8 p.m. for a creative trip.



## Two-Steppin': Salt Truck Follies

Celebrating 30 years of exceptional dance, Live Art Dance Productions' annual fundraising takes place Saturday night and it's a great way to show your support for local dance. The Salt Truck Follies features great music, comedy and Dancing with the Halifamous. The evening will also feature a silent auction and chocolate bar. Show starts at 8:30 p.m. at the Meinertzhagen Theatre at Halifax Grammar School Tower Road campus. [liveartdance.ca](http://liveartdance.ca).



## Rock Out: Jon Mullane (55)

Local singer-songwriter, and 2009 ECMA nominee for single of the year, Jon Mullane plays a two-night gig Friday and Saturday at The Argyle at 10 p.m. Mullane takes to the stage with his newly-released album, Shine. The hit single My New American Girl recently debuted in the top 40 on the U.S. Hot AC Billboard chart.



## Get Ready To Rumble: ECC 16

ECC's next professional mixed martial arts fight card hits the cage Friday night. The title fight matches locally-lean MMA fighter Ricky Goodall against Iraj Hadin for the 155-pound title. Also featured on the card is a match between Andrew Quigley and Boyd Sharpe along with Mike Malott and John Williams, to name a few. The Exhibition Park doors open at 7:30 p.m., with the event starting at 8:30 p.m. [ticketatlantic.ca](http://ticketatlantic.ca).



## Khyber Membership Exhibition

Built back in 1888 as the Church of England Institute, this year marks the 125th anniversary of the Khyber building. Celebrations for such a major milestone started on Wednesday with a historical tour and continue Friday night with the official opening reception for the exhibit that continues through the end of March. [khyber.ca](http://khyber.ca)

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# SIMPLE WAYS TO BURN CALORIES

You don't need fancy fitness clubs or expensive exercise programs to torch those calories, and it doesn't have to be complicated. Try some of these quick and easy ways to knock off extra calories.

If you're a walker, add in some sprinting. Short spurts of sprinting will wake up your walking workout, increase your calories burned by 100 or more – and get you finished faster! Set short goals for yourself – to the tree in the distance, to the next hydro pole, to the end of the intersection. Then increase intervals as your fitness improves.

Skipping is a fun way to shed calories – 100 calories or more for every 10 minutes you can skip. It's also a great way to keep your heart, lungs and bones strong. It's a pretty intense workout, so combine skipping with intervals of marching or twisting on the spot.

Trouble with your knees or suffering from sore feet? There are forms of exercise suitable for anyone. For most people with chronic problems like these, swimming is the best choice. Even if you don't know how to swim, walking in the pool is easy on the joints – the more you're submerged, the better the workout, so try and walk in water that's shoulder depth.

No time for a workout? You can still knock off some calories with daily activities. Skip the elevator and hike up the stairs at work. Keep your walking brisk – anytime you're walking, move as quickly as possible. Walk to the store and carry your groceries home instead of driving. Cut the grass or wash and vacuum floors – household chores are great calorie burners! Even laughing is a great way to knock off those calories – about 10 calories for every minute you laugh during the day.

Be mindful of how much time you spend sitting. Try and stay active even during times you might normally sit – walk while you talk on the phone, get up and move frequently while you're working at your desk, cut back on the number of hours you watch television and fill the time with active pursuits like walking the dog.

## A BALL OF FUN AND FITNESS

Exercise balls – also called stability balls – are amazing fitness tools, and lots of fun to use, too. They're inexpensive

and don't take up much space in your house or office.

Start by replacing the chair at your desk for periods of time each day with your exercise ball. Note: make sure you get the right size ball for your height. You should be able to sit with your feet flat and your knees at a 90-degree angle.

Unlike the name would suggest, when you sit on the ball, it's the instability that drives you into proper spinal posture, as that's the easiest position for staying balanced on the ball. Ultimately, this creates stronger core (back and abdominal) muscles and decreases back discomfort. And you can up the fun and fitness factor with a little bouncing around every now and then!

The unsteadiness of the ball adds more challenge to regular exercises too. To work your abs, lay on your back on the ball and do some sit-ups straight up and some twisting from side to side as you lift. Up your game and try this version: lay flat on the floor with the ball in your arms behind your head. As you sit, lift the arms and the legs and transfer the ball, placing it between your ankles; lay back down with the ball between your ankles, then repeat and transfer the ball back to your hands.

For arms, do push-ups resting your shins on the ball and placing your hands on the floor. Or try this one: sit on the ball with legs wide and feet flat and well forward. Place your palms on the ball behind and beside your hips; roll the ball forward until your arms are supporting your weight, then roll back.

Most fitness buffs want to add some cardio to their workout. On the ball, you can sit while you jog out your legs, lifting one knee at a time. Also try sitting jacks (jumping jack movements while you sit on the ball) and twisting (move arms to one side and legs to the other, then switch sides, while you bounce sitting on the ball). The beauty of this workout is the core work you get while your heart is pumping – and you're burning calories.

As always, make sure you finish up your workout with some stretching. Stand up holding the ball and tipping to each side for a great upper-body stretch. Lay on the ball on your stomach, touching the hands and feet to the floor; repeat on your back. Both positions are great stretches for core muscles. Sitting on the ball, place the outside ankle of one foot on the thigh of the opposite leg, then drop the upper body forward to stretch the hip. Sit on the floor and place heels on the ball as you lean forward to stretch the backs of the legs.

There are loads of other great ideas online to keep you "ball fit" – so grab a ball and give it a go!

Exercise balls are quite inexpensive to buy and range from about \$10 to \$20.

They are available in a variety of colours from silver to hot pink and generally, can support someone up to 135 kg. Check out your local department store or fitness shop, or try the fitness equipment section of classified ads for a gently used exercise ball.

## GET FIT ANYTIME, OR ANYWHERE

Most of us try and squeeze in exercise whenever we can. Whether it's early in the morning, during your lunch hour, right after work or later in the evening, here are some tips to help you get the most out of your workout.

Perhaps the easiest time of day to exercise is early morning, when most people feel energetic and alert. If getting up that extra hour early to exercise seems daunting, turn off the television and go to bed early enough to ensure you're getting eight hours of sleep with time to fit in exercise before work.

Next, find a workout that suits early-morning fitness. You may not feel like heading off to the gym, but heading out for a quick run while you listen to some favourite tunes, working out to your favourite exercise DVDs or stretching out with some yoga sun salutations might be just the right thing – simple, yet effective.

Enlist a friend or family member to join you for motivation. It's so much easier to get up and out in the morning with someone else who needs an exercise mate.

Finally, eat a good breakfast after you're done. Knowing there's a delicious, wholesome meal at the end of your workout will help keep you motivated – and get your day off to a healthy, nutritious start.

But what if you just can't pull it together in the morning? Then turn lunch time into power hour! If you're not close to gym, lunch hour is a great time to do a little walking, running, biking, inline or ice skating. Dial up the intensity so you can get a good workout in a shorter period of time.

They key to lunchtime fitness is organization. On workout days, be ready with everything you need: workout clothes, toiletries, a towel (if you plan to shower) and a lunch to eat at your desk after you're done (not before your workout). Have a lunch that's lower fat and easy to digest, and include a couple of nutritious snacks to eat late morning and mid-afternoon. Be sure to replenish your fluids by having water at your desk throughout the day.

Even if the day is over and dinner is behind you, you can fit in a workout. You may still have time to run to the gym (you can be sure the gym will be quiet

at night!) or head out for a jog, but if the hour is late, there are plenty of ways to get fit at home. The easiest is to pop in a DVD, but noise might be a factor; if that's the case, keep it quiet and lower intensity – grab your earbuds and listen to some favourite tunes while you do some push-ups, sit-ups, planks, lunges and leg lifts. Use some hand weights if you have a pair on hand. And if you just don't feel like you've exercised without some cardio, run up and down the stairs or jog on the spot.

Maybe you want your evening workout to be calming and relaxing, in which case, consider yoga or Pilates – the strength and flexibility benefits are essential to a good fitness regimen. Regardless of which routine you choose for an evening workout, know that research suggests that exercising at night shouldn't interfere with your sleep. If you feel invigorated, just soak in a nice warm bath and have a hot cup of herbal tea or warm milk before heading off to bed.

So when is the BEST time to work out? The American Council on Exercise recommends that you should exercise whenever it feels best for you. Fitting exercise into your day at any time that works is the important thing.

## FIVE FUN WORK- OUTS TO TRY

Having trouble sticking to an exercise program? Shake up your routine and get fit with one of these trendy new workouts.

**Dance workouts:** Get lean and strong with a blast of cardio, dance style. From Zumba and belly dancing, to Bollywood and ballroom, dancing is a high-energy, heart-healthy way to burn calories.

**Swing yoga:** Hang from a silk parachute swing suspended from the ceiling. Then flip completely upside down and let the swing support you as you do a handstand. It's a great way to promote flexibility, mobility, circulation and relieve tension.

**Boot camp:** Sound scary? These gruelling workouts are hot, hot, hot when it comes to scorching calories and it's the ultimate when it comes to a good sweat, making it one of the most popular workouts out there.

**Body weight training:** No equipment needed, just the weight of your own body. It's back-to-basics resistance training like push-ups, sit-ups, planks, squats and pull-ups. A great way to get fit – and it's free!

**Combo workouts:** Yogalates (yoga + Pilates), Piloxing (Pilates + boxing), CycleAbs (cycling + abdominal exercises) and more – get efficient about exercise with programs that mix the benefits of your favourite workouts.



# Embracing blue-liner's 'out there' personality

**QMJHL.** Defenceman is appreciated for more than his on-ice skills



**ANDREW RANKIN**

andrew.rankin@metronews.ca

Konrad Abeltshauser isn't afraid to admit it. He's really happy.

"I just live in this perfect little world where everything is perfect in my eyes," said the 20-year-old Germany native.

Why wouldn't he be? The sixth-round draft pick of the San Jose Sharks has a signed entry-level deal in his back pocket, plays on the Canadian Hockey League's No. 1-ranked team and leads the Halifax Mooseheads in scoring amongst defencemen.

He loves to spread this joy around the dressing room, too. A consummate storyteller, he relishes in retelling tales of his childhood growing up on the family farm or about the wonders of knitting — one of the many ways he passes the time on long-winding road trips.

He's relied on to lighten the mood during the trying stretches. But that's not to say he's never tuned out by his teammates.

"The problem is in Germany it's so different," he said with a laugh. "I have to get so much in detail that the story just drags on and people stop listening sometimes."

But that never deters him.

## Wildcat weekend

The Halifax Mooseheads and Moncton Wildcats are playing a home-and-home series this weekend. The two rivals play Friday at the Metro Centre at 7 p.m. before meeting against Sunday at 4 p.m. in Moncton.

The stories are born out of the country and the close-knit family he left behind. The birth dates of his siblings and a scaled drawing of the family farm are tattooed on his arm.

"I have so many things in my life and so many experiences that I just want to share," he said.

Co-captain and fellow defenceman Trey Lewis has heard them all, having been a teammate of Abeltshauser's for three seasons.

"He's a little out there, but he just loves to tell stories whether it's about him learning to drive a tractor at eight years old. He's just a guy who likes to learn," said Lewis. "He's taken Spanish classes, he's learned how to play the guitar."

But beyond the witty, self-deprecating exterior is a very talented hockey player, Lewis added.

"The little things he does carrying the puck out of his zone, jumping into the rush. He's so effective. He's got great vision that so often gets overlooked."



Konrad Abeltshauser is third in QMJHL scoring with seven goals and 54 points. JEFF HARPER/METRO

## NBL Canada. Rainmen take shot at playoff berth

The Halifax Rainmen control their own destiny as they make a push for a playoff spot.

If the Rainmen, who sit third in the Atlantic Division with an 18-18 record, win three of their last four games then they're in. Anything less than that and they'll need some help, depending on how the other playoff contenders fair.

"It's that simple, we have to

win," said Rainmen coach Rob Spon. "We'll do that by playing as a team on both sides of the floor. We've proven that we can win three straight."

The three teams they face down the stretch boast .500 or better records.

Their quest begins Saturday when they welcome the Oshawa Power (18-18) at the Metro Centre at 7 p.m. The task gets tougher when they go up against the 22-14 Summerside Storm on the road Sunday and again on March 16 to cap the season.

The Rainmen face the league's top team, the London Lightning, at home on Tuesday. **ANDREW RANKIN/METRO**

## Saint Mary's

### Colley named AUS women's hoops MVP

Saint Mary's Huskies star Justine Colley was named the Atlantic University Sport most valuable player in women's basketball on Thursday.

Colley led the Atlantic conference and the nation in scoring for the third consecutive season, averaging 28.2 points per game.

Her 565 points in the regular season established a new AUS single-season record.

Saint Mary's head coach Scott Munro was named coach of the year. **METRO**

## Varsity Reds crowned

### Huskies fall just short in AUS hockey title run

The Saint Mary's Huskies' bid for an Atlantic University Sport men's hockey title fell just short in Fredericton on Thursday night.

The New Brunswick Varsity Reds ground out a 2-0 victory over the Huskies to win the AUS title in the deciding game of the best-of-three series.

Huskies head coach Trevor Stienburg gave credit to the V-Reds and his players for a gutsy performance.

"I'm 100 per cent proud," he said. "That was

a gutsy win. UNB knows it and everybody in the stands knew it."

V-Reds netminder Daniel Lacosta turned aside all 27 shots for the shutout. Huskies goalie Anthony Peters had another strong 34-save performance.

Dion Campbell got UNB on the board late in the first period and Antoine Houde-Caron iced it with just over five minutes left in regulation time.

Both teams earned a spot in the CIS championship in Saskatoon, from March 14 to 17.

Come tomorrow that's what Stienburg will be focused on.

"We need to get up in the morning and move on." **ANDREW RANKIN/METRO**

4 SPORTS

4

games remain in the Halifax Rainmen's season.





Bruins Andrew Ference, centre, and Milan Lucic celebrate teammate David Krejci's goal on Thursday night in Boston.  
JARED WICKERHAM/GETTY IMAGES

# Seguin helps Bruins sink Leafs

**NHL.** Young centre scores twice as Boston bullies Toronto again

Tyler Seguin had two goals and an assist and Patrice Bergeron had one of each on Thursday night to lead the Boston Bruins to a 4-2 victory over the Toronto Maple Leafs.

## By the numbers

# 11

Leafs centre Nazem Kadri has 11 points in his past seven games, and six goals in his past four.

## On Thursday

# 4

Bruins

# 2

Leafs

Anton Khudobin stopped 25 shots for Boston, which blew leads in each of its previous two games and lost both.

David Krejci also scored for Boston, and Brad Marchand had a pair of assists. With the win, the Bruins moved three points ahead of Toronto in the Northeast Division while remaining one point behind first-place Montreal.

Nazem Kadri and Jay McClement scored for the Leafs, and Ben Scrivens made 21 saves for Toronto.

The Bruins lost two in a row for the first time since January, blowing a 3-2 lead to the first-place Montreal Canadiens and a 3-0 advantage to the last-place Washington Capitals. Boston opened a 3-1 lead when Seguin and Krejci scored in the second period, but McClement made it a one-goal game with 5:08 left.

The Leafs, who had won three in a row, pulled their goalie in the final minutes, but they struggled to set up in the offensive zone and Seguin had an empty-netter with 15 seconds left.

THE ASSOCIATED PRESS

## Baseball

### Lawrie out with injury for WBC

Brett Lawrie has been forced off Canada's roster with a rib strain a day before the team's first game at the World Baseball Classic. The Blue Jays third baseman felt discomfort in his left side during an exhibition game on Wednesday.

THE CANADIAN PRESS

## NHL

### Pronger still hoping to return

Chris Pronger isn't ready to retire, even though a concussion specialist has advised him not to return to hockey. Pronger has not played for the Flyers since Nov. 19, 2011, and still suffers from lingering effects of multiple concussions.

THE ASSOCIATED PRESS

## NHL

### Habs handle Hurricanes

Brandon Prust and Lars Eller each had a goal and two assists to lead the Montreal Canadiens to a 4-2 win over the Carolina Hurricanes on Thursday. Eller's goal at 6:09 of the third gave the Habs the lead for good before P.K. Subban added a goal at 7:56.

THE ASSOCIATED PRESS

## NBA

### EASTERN CONFERENCE

	W	L	Pct	GB
Miami	45	14	.763	—
New York	37	21	.638	7½
Indiana	38	23	.623	8
Brooklyn	35	26	.574	11
Atlanta	34	26	.567	11½
Chicago	34	27	.557	12
Boston	33	27	.550	12½
Milwaukee	30	29	.508	15
Toronto	24	38	.387	22½
Philadelphia	23	37	.383	22½
Detroit	23	40	.365	24
Cleveland	21	40	.344	25
Washington	19	40	.322	26
Orlando	17	45	.274	29½
Charlotte	13	48	.213	33

### WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	48	14	.774	—
Oklahoma City	44	16	.733	3
L.A. Clippers	44	19	.698	4½
Memphis	40	19	.678	6½
Denver	40	22	.645	8
Golden State	35	27	.565	13
Houston	33	29	.532	15
Utah	32	29	.525	15½
L.A. Lakers	31	31	.500	17
Portland	28	32	.467	19
Dallas	27	33	.450	20
Minnesota	21	37	.362	25
Phoenix	21	40	.344	26½
New Orleans	21	41	.339	27
Sacramento	21	42	.333	27½

Note: division leaders ranked in top three positions regardless of winning percentage.

### THURSDAY'S RESULTS

Oklahoma City at New York  
L.A. Clippers at Denver

### FRIDAY'S GAMES — All Times Eastern

Oklahoma City at Charlotte, 7 p.m.  
Indiana at Orlando, 7 p.m.  
Memphis at Cleveland, 7:30 p.m.  
Dallas at Detroit, 7:30 p.m.  
Washington at Brooklyn, 7:30 p.m.  
Utah at Chicago, 8 p.m.  
Atlanta at Boston, 8 p.m.  
Philadelphia at Miami, 8 p.m.  
Portland at San Antonio, 8:30 p.m.  
Phoenix at Sacramento, 10 p.m.  
Toronto at L.A. Lakers, 10:30 p.m.  
Houston at Golden State, 10:30 p.m.

## NHL

### EASTERN CONFERENCE

#### ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	24	16	8	0	86	71	32
New Jersey	24	11	8	5	59	67	27
NY Rangers	22	12	8	2	57	54	26
NY Islanders	24	10	11	3	71	80	23
Philadelphia	25	11	13	1	72	77	23

#### NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Montreal	24	15	5	4	75	61	34
Boston	21	15	3	3	64	48	33
Toronto	25	15	10	0	75	65	30
Ottawa	24	12	8	4	56	49	28
Buffalo	25	9	13	3	65	80	21

#### SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Carolina	23	13	9	1	69	66	27
Winnipeg	23	11	11	1	58	69	23
Washington	22	10	11	1	66	63	21
Tampa Bay	24	10	13	1	82	75	21
Florida	24	7	12	5	60	90	19

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

### THURSDAY'S RESULTS

New Jersey 3 Buffalo 2 (SO)  
Montreal 4 Carolina 2  
Columbus 2 Vancouver 1 (OT)  
Pittsburgh 5 Philadelphia 4  
NY Rangers 2 NY Islanders 1 (OT)  
Boston 4 Toronto 2  
Washington 7 Florida 1  
Detroit 3 Edmonton 0  
Winnipeg 2 Tampa Bay 1  
St. Louis at Phoenix  
Dallas at Los Angeles

### WEDNESDAY'S RESULTS

Toronto 5 Ottawa 4  
Chicago 3 Colorado 2  
Calgary 4 San Jose 1  
Anaheim 2 Phoenix 0

### FRIDAY'S GAMES — All Times Eastern

Ottawa at NY Rangers, 7 p.m.  
Winnipeg at Florida, 7:30 p.m.  
Edmonton at Nashville, 8 p.m.  
Chicago at Colorado, 9 p.m.  
Calgary at Anaheim, 10 p.m.  
SATURDAY'S GAMES  
Washington at NY Islanders, 1 p.m.  
Philadelphia at Boston, 1 p.m.  
Detroit at Columbus, 2 p.m.  
St. Louis at San Jose, 4 p.m.  
Pittsburgh at Toronto, 7 p.m.  
Montreal at Tampa Bay, 7 p.m.  
New Jersey at Carolina, 7 p.m.  
Minnesota at Nashville, 8 p.m.  
Dallas at Phoenix, 8 p.m.  
Calgary at Los Angeles, 10 p.m.

### WESTERN CONFERENCE

#### CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	24	21	0	3	78	46	45
Detroit	24	12	8	4	66	60	28
St. Louis	22	11	9	2	64	67	24
Nashville	23	9	9	5	47	59	23
Columbus	24	8	12	4	55	70	20

#### NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Vancouver	23	11	6	6	64	63	28
Minnesota	22	11	9	2	52	56	24
Calgary	21	9	8	4	61	69	22
Edmonton	23	8	10	5	54	65	21
Colorado	22	8	10	4	53	65	20

#### PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	22	16	3	3	77	60	35
Los Angeles	21	12	7	2	60	52	26
San Jose	22	11	7	4	51	50	26
Phoenix	23	11	9	3	67	65	25
Dallas	22	11	9	2	61	63	24

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

## MLS

### EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Columbus	1	0	0	3	1	3
Kansas City	1	0	0	3	1	3
Houston	1	0	0	2	0	3
Montreal	1	0	0	1	0	3
New York	0	0	1	3	3	1
Philadelphia	0	1	0	1	3	0
New England	0	0	0	0	0	0
Toronto FC	0	1	0	0	1	0
D.C.	0	1	0	0	2	0
Chicago	0	1	0	0	4	0

### WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Los Angeles	1	0	0	4	0	3
Real Salt Lake	1	0	0	2	0	3
FC Dallas	1	0	0	1	0	3
Vancouver	1	0	0	1	0	3
Portland	0	0	1	3	3	1
Seattle	0	1	0	0	1	0
Colorado	0	1	0	0	1	0
San Jose	0	1	0	0	2	0
Chivas USA	0	1	0	0	3	0

### SATURDAY'S GAMES — All Times Eastern

Kansas City at Toronto FC, 1:30 p.m.  
Philadelphia at Colorado, 6 p.m.  
Real Salt Lake at D.C., 7 p.m.  
Columbus at Vancouver, 7:30 p.m.  
New England at Chicago, 7:30 p.m.  
Montreal at Portland, 10:30 p.m.  
SUNDAY'S GAMES  
FC Dallas at Chivas USA, 5 p.m.  
New York at San Jose, 10 p.m.

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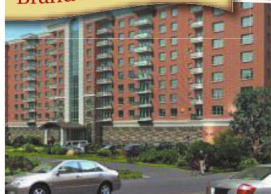


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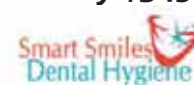
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**52 Haddad Drive, Lower Sackville**  
3 Bdrm, 2 Bath Semi in Great Area \$174,900 MLS®  
**24 Hammonds Plains Road, Unit 224, Bedford**  
2 Bdrm Condo Near Everything \$147,900 MLS®  
**5712 Inglis Street, Halifax**  
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**49 Irving Street, Woodside**  
R2 Zoning with 50' Road Frontage \$118,900 MLS®  
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3 Bdrm Home in Desirable Area \$234,900 MLS®  
**32 Katrina Cres., Halifax**  
3 Bdrm Home in Governor's Lake \$229,000 MLS®

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**43 Caledonia Road  
Dartmouth  
SOLD Oct. 2012**



**SELLER SAVED \$14,921.25**

**116 Beech Tree Run,  
Beechville  
SOLD Sept. 2012**



**SELLER SAVED \$4,361.37**

**670 East Uniacke Rd,  
Mount Uniacke  
SOLD Feb. 2013**



**SELLER SAVED \$7,388.75**

**114 Lapierre Crescent,  
Dartmouth  
SOLD Feb. 2013**



**SELLER SAVED \$7,538.25**

**36 South Gate Drive  
#503, Bedford  
SOLD Oct. 2012**



**SELLER SAVED \$18,578.25**

**25 Dakin Drive,  
Halifax  
SOLD Feb. 2012**



**SELLER SAVED \$8,515.75**

**5 Braeburn Drive,  
Halifax  
SOLD Jan. 2013**



**SELLER SAVED \$7,360.00**

**19 Kara Court,  
Hammonds Plains  
SOLD Feb. 2013**



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Bach \$539  
1 BR \$579  
2 BR \$699  
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1 BR \$569  
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**15/25/35 Leaman**  
1 BR \$599  
2 BR \$749  
\*Heat & Hot Water Incl.

**65 & 81 Primrose**  
Bach \$545  
1 BR \$579  
2 BR \$709  
\*Heat & Hot Water Incl.

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1 BR \$529  
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**11 Glenview**  
1 BR \$599  
2 BR \$699  
\*Heat & Hot Water Incl. Close to Hospital and NSCC  
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2 BR \$519, 2 BR \$589  
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Prospect Road, Halifax NS  
**Saturday, March 30th**  
**9am - 3pm**  
8' Table with Chair - \$28  
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(since 1975)  
Windsor + Almon St.  
**RE-OPEN THIS SUNDAY**  
200+ Tables  
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Spaces \$17  
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(Sellers 7am)

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211 Pleasant St, Dartmouth  
**SATURDAYS AND SUNDAYS 9am-2pm (Sellers 7am)**

Call or text:  
902-495-0206

For those without a Metro, the forecast calls for "I dunno" with a slight chance of "huhhh?"







## Horoscopes

### Aries

March 21 - April 20

It's not wrong to be ambitious. If someone tries to stop you from following the path that is right for you, come out fighting. It's your future.

### Taurus

April 21 - May 21

What would you do if you knew that success was inevitable? Whatever it is, the planets indicate that it's closer than you think. It will get closer still if you have the courage to reach for it.

### Gemini

May 22 - June 21

A positive attitude is a must today, especially if you are the kind of Gemini who has a tendency to worry for no good reason. Even if you encounter opposition, you have what it takes to win — and win well.

### Cancer

June 22 - July 23

You need to be honest about your feelings. You need to open up and let loved ones know why you feel a little down. After that, you need to wise up and realize that your "troubles" are quite minor.

### Leo

July 24 - Aug. 23

Someone who says they are your friend is, in reality, trying to undermine you. You may not yet have enough evidence to confront them but you must trust your intuition and keep them at arm's length.

### Virgo

Aug. 24 - Sept. 23

You will have to change your opinion about someone today after finding out you were completely wrong about what they are up to. And if you spoke up about your doubts you may have to apologize.

### Libra

Sept. 24 - Oct. 23

You are far too nice to turn your back on a friend in need. Just make sure they realize that once you have helped them get back on their feet, the rest is up to them. Don't let them become dependent on you.

### Scorpio

Oct. 24 - Nov. 22

Some tough decisions will have to be made over the next few days, but you know if you leave it much longer it could make matters worse. Call on your Pluto power to give you the strength you will need.

### Sagittarius

Nov. 23 - Dec. 21

There is a chance something you have grown used to will go out of your life, either today or over the weekend. There is no point making a fuss about it. Make peace and move on.

### Capricorn

Dec. 22 - Jan. 20

You need to have a clear idea of what it is you most want to accomplish, because only then are you likely to make progress. Once you know where you need to go, no power on earth can stop you.

### Aquarius

Jan. 21 - Feb. 19

You may have every reason to get angry with someone today but it could rebound on you in unexpected ways. Both Saturn and Pluto urge you to calm down and see the bigger picture. Strive for moderation.

### Pisces

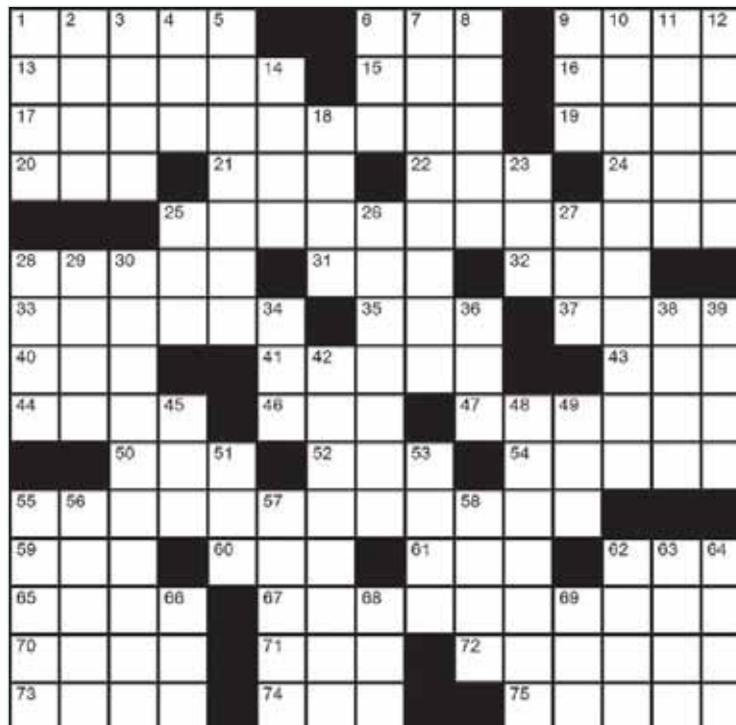
Feb. 20 - March 20

You have so much energy but what are you going to do with? Whatever it is, make it something that will stay with you long-term. A new creative project of some kind would be good. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Acknowledged
6. Suppositions
9. "Fly \_\_\_ Home" (1996)
13. TV brothers Frasier and Niles
15. "Bravo!"
16. Roller coaster cry!
17. CBC's "\_\_\_ Report"
19. Mona \_\_\_ (Painting)
20. Mil.'s special \_\_\_
21. Before
22. JT's "Suit & \_\_\_"
24. Target-shooting event, French style
25. Relic's classic Canadian series, "The \_\_\_"
28. Fermented rice drinks
31. Homer Simpson's sound!
32. Music syllable [var. sp.]
33. Make
35. Mr. Brooks
37. All two
40. One-eighty turn, in slang
41. Gawky
43. Charlotte of "The Facts of Life"
44. Zap with a stun gun
46. Farm animal
47. Chooses to partake: 2 wds.
50. Bit
52. Masc. opposite
54. Movie+projector attachments
55. Canadian landscape painters, famously: 3 wds.
59. "1-2-3": 1965 hit for \_\_\_ Barry
60. Org. in "Michael Col-



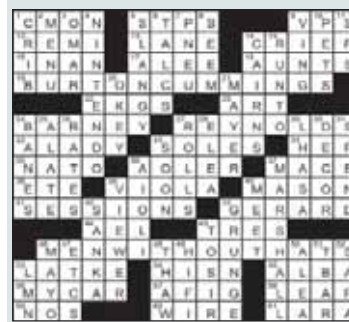
61. Shakespearean word
62. Mr. Vigoda
65. "\_\_\_ Around" by The Beach Boys
67. "Snowbird" songbird: 2 wds.
70. Gladiator's 165
71. Muscle: Prefix
72. Hockey's Conn \_\_\_ Trophy
73. Idol alum

- et al.
  74. Halifax hrs.
  75. Wests opposites
- Down**
1. Prefix to 'phobia' (Fear of heights)
  2. Leaky faucet sound
  3. Big \_\_\_ (McDonald's burgers)
  4. Pen's content

5. Fantastical play by Shakespeare, The \_\_\_
6. Winter/Summer games org.
7. The Bounty mutineer, \_\_\_ Christian
8. Prefix to 'comedy' (Comedic drama)
9. Hole-punching tool
10. Yukon capital

11. Pantheon of Norse gods
12. "The Wonder \_\_\_"
14. What will be, it be... when doubled, it follows Que
18. Got, as a parcel [abbr.]
23. Bad \_\_\_ (German spa resort)
25. Actress Ms. Arthur, for short
26. Tributes
27. Mr. Dylan
28. Rabbit-style tail
29. Region
30. \_\_\_ pipeline (News-making project)
34. Paranormal power, briefly
36. Writer Mr. Tolstoy
38. Kite part
39. Barn birds
42. "Breakfast at \_\_\_" (1961)
45. \_\_\_ de cologne
48. Suppose
49. X
51. Printer resolution meas.
53. Give out
55. Martin Short character, Jiminy \_\_\_
56. Ruler: French
57. 'Pan' add-on (Scene)
58. Vitalities
62. \_\_\_ & Sciences
63. Thailand currency
64. Views
66. Tellies
68. Negative word
69. Scandinavian rug

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



Today



4°/-3°  
Variable

Saturday



3°/-3°  
Variable

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ON SELECT MODELS



Limited model shown

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2013 CANADIAN UTILITY VEHICLE OF THE YEAR

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CITY: 10.1L/100 KM<sup>†</sup>

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BI-WEEKLY

WITH  
**1.99%<sup>†</sup>**  
FINANCING FOR 84 MONTHS

AND  
**\$0**  
DOWN PAYMENT

OR

GET UP TO  
**\$2,000**  
IN PRICE ADJUSTMENTS<sup>2</sup>  
ON SELECT TRIMS



GLS model shown

## 2013 ACCENT L

SELLING PRICE: \$14,894\* ACCENT 4 DR L 6-SPEED MANUAL. DELIVERY & DESTINATION INCLUDED.

HWY: 5.3L/100 KM  
CITY: 7.1L/100 KM<sup>†</sup>

OWN IT FOR  
**\$82**  
BI-WEEKLY

WITH  
**0%<sup>†</sup>**  
FINANCING FOR 84 MONTHS

AND  
**\$0**  
DOWN PAYMENT

OR

GET UP TO  
**\$1,250**  
IN PRICE ADJUSTMENTS<sup>2</sup>  
ON SELECT TRIMS

2012 BEST NEW  
SMALL CAR (UNDER \$21K)



SE with Tech. shown

## 2013 ELANTRA GT GL

SELLING PRICE: \$19,894\* ELANTRA GT GL 6-SPEED MANUAL. DELIVERY, DESTINATION & \$750 IN PRICE ADJUSTMENTS<sup>2</sup> INCLUDED.

HWY: 5.3L/100 KM  
CITY: 7.8L/100 KM<sup>†</sup>

OWN IT FOR  
**\$110**  
BI-WEEKLY

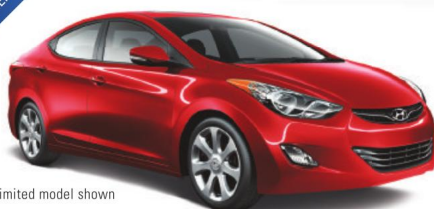
WITH  
**0%<sup>†</sup>**  
FINANCING FOR 84 MONTHS

AND  
**\$0**  
DOWN PAYMENT

OR

GET UP TO  
**\$2,000**  
IN PRICE ADJUSTMENTS<sup>2</sup>  
ON SELECT TRIMS

2013 BEST NEW  
SMALL CAR (OVER \$21K)



Limited model shown

## 2013 ELANTRA L

SELLING PRICE: \$16,944\* ELANTRA L 6-SPEED MANUAL. DELIVERY, DESTINATION & \$500 IN PRICE ADJUSTMENTS<sup>2</sup> INCLUDED.

HWY: 5.2L/100 KM  
CITY: 7.1L/100 KM<sup>†</sup>

OWN IT FOR  
**\$94**  
BI-WEEKLY

WITH  
**0%<sup>†</sup>**  
FINANCING FOR 84 MONTHS

AND  
**\$0**  
DOWN PAYMENT

OR

GET UP TO  
**\$1,750**  
IN PRICE ADJUSTMENTS<sup>2</sup>  
ON SELECT TRIMS



2012 CANADIAN &  
NORTH AMERICAN  
CAR OF THE YEAR



Limited model shown

HWY: 7.7L/100 KM  
CITY: 10.4L/100 KM<sup>†</sup>

## 2013 TUCSON L

SELLING PRICE: \$21,759\* TUCSON L 5-SPEED MANUAL. DELIVERY & DESTINATION INCLUDED.

OWN IT FOR  
**\$124**  
BI-WEEKLY

WITH  
**0.99%<sup>†</sup>**  
FINANCING FOR 84 MONTHS

AND  
**\$0**  
DOWN PAYMENT

OR

GET UP TO  
**\$2,500**  
IN PRICE ADJUSTMENTS<sup>2</sup>  
ON SELECT TRIMS



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<sup>†</sup>The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. <sup>†</sup>Finance offers available O.A.C. from Hyundai Financial Services based on a new 2013 Santa Fe 2.4L FWD Auto/Accent 4 Door L 6-Speed Manual/Elantra GT GL 6-Speed Manual (includes \$750 in price adjustments)/Elantra L 6-Speed Manual (includes \$500 in price adjustments)/Tucson L 5-Speed Manual with an annual finance rate of 1.99%/0%/0%/0.99% for 84 months. Bi-weekly payments are \$167/\$82/\$110/\$94/\$124. No down payment required. Cost of Borrowing is \$2,038/\$0/\$0/\$0/\$772. Finance offers include Delivery and Destination of \$1,760/\$1,495/\$1,495/\$1,495/\$1,760. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2013 Elantra L 6-Speed Manual for \$16,944 at 0% per annum equals \$94 bi-weekly for 84 months for a total obligation of \$16,944. Cash price is \$16,944. Cost of Borrowing is \$0. Example price includes \$500 price adjustment, Delivery and Destination of \$1,495. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. <sup>†</sup>Fuel consumption for 2013 Santa Fe 2.4L FWD Auto (HWY 6.7L/100KM, City 10.1L/100KM)/2013 Accent 4 Door L 6-Speed Manual (HWY 5.3L/100KM, City 7.1L/100KM)/2013 Elantra GT GL 6-Speed Manual (HWY 5.3L/100KM, City 7.8L/100KM)/2013 Elantra Sedan L 6-Speed Manual (HWY 5.2L/100KM, City 7.1L/100KM)/2013 Tucson L 5-Speed Manual (HWY 7.7L/100KM, City 10.4L/100KM)/Elantra are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. <sup>2</sup>Price of models shown 2013 Santa Fe 2.0T Limited AWD/Accent 4 Door GLS Auto/Elantra GT SE Tech 6-Speed Auto/Elantra Limited/Tucson Limited AWD is \$40,259/\$20,094/\$27,844/\$24,794/\$34,109. Prices include Delivery and Destination charges of \$1,760/\$1,495/\$1,495/\$1,495/\$1,760. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. <sup>3</sup>Price adjustments are calculated against the vehicle's starting price. Price adjustments of up to \$2,000/\$1,250/\$2,000/\$1,750/\$2,500 available on 2013 Santa Fe/Accent 4 Door/Elantra GT/Elantra Sedan/Tucson with the exception of the base models (2013 Santa Fe 2.4L FWD Auto/Accent 4 Door L 6-Speed Manual/Elantra GT GL 6-Speed Manual/Elantra L 6-Speed Manual/Tucson L 5-Speed Manual); however the price adjustments of \$750/\$500 for the Elantra GT GL 6-Speed Manual/Elantra L 6-Speed Manual are available in the finance offers set forth above. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. <sup>††</sup>Offers available for a limited time, and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. <sup>†††</sup>Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.